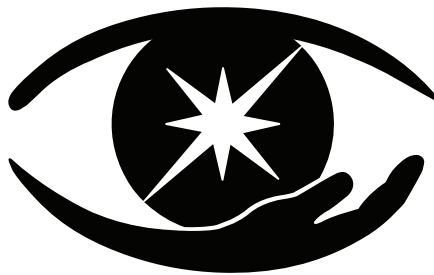


SIGHTS FOR HOPE™



Seize Independence **Now™**

Client Bulletin

September 2026 | Volume 16, Issue 3.1

Program Listings

Lehigh Valley: Pages 3-4, and 9

Monroe: Pages 10-11

Pullout Calendars

Lehigh Valley: Pages 5 and 8

Monroe: Pages 6-7

How to Schedule Transportation

Call Monday-Friday from 8:30 a.m.-4:30 p.m.

Lehigh Valley

Call Brian Schell, 610.433.6018, Ext. 226

Monroe County

Call Lisa DePietro, 570.992.7787, Ext. 224

Announcements for Clients

- **Closed for Labor Day:** Sights for Hope will be closed at both its locations on Monday, September 7, in observance of Labor Day.
- **Ride through the Pocono Mountains:** Clients are invited to ride as motorcycle passengers during our Bikers for Sight Ride on Saturday, September 19, in Monroe County. If you are interested, please contact Rita Lang at 610.433.6018, Ext. 225, or Jennifer Pandolfo at 570.992.7787, Ext. 222.
- **New Support Group:** Sights for Hope is forming a support group for clients who are working or preparing to return to work or school. If you are interested, please contact Rita Lang at 610.433.6018, Ext. 225.
- **Dancing in the Dark:** The Greater Lehigh Valley Chapter of the National Federation of the Blind of PA hosts its annual Dancing in the Dark fundraiser on Saturday, October 10, at Northampton Country Club in Easton, PA. Tickets are \$50.00 each for people who are blind or have a visual impairment and a guest. For details, call Melody Simmons at 484.226.5892 or Brenda King at 484.951.8530.
- **Keyboard Player Wanted:** Sights for Hope's client-led band, Limitless, is in search of a keyboard player. Contact Rita Lang at 610.433.6018, Ext. 225, for details.

What's Good to Know

Congresswoman Lateefah Simon is the first known congenitally blind member of the United States House of Representatives. She was elected in 2024 to serve California's 12th District and champions accessible transportation as a civil rights issue.

Lehigh Valley Programs

Held at the Lehigh Valley Services Center unless noted.

Programs with transportation are marked with a (T).

To register, call Rita Lang at 610.433.6018, Ext. 225, unless noted.

Mall Walks (T)

Wednesdays, September 2, 9, 16, 23, and 30, 9-10:30 a.m.

South Mall, 3300 Lehigh St., Allentown, PA

Lehigh Valley Client Support Group (T)

Thursday, September 3, 10-11:30 a.m.

Tech Talk

Thursday, September 3, 2-3:30 p.m.

Held virtually.

Women's Client Support Group

Tuesday, September 8, 10-11 a.m.

Crafters Corner Activity

Tuesday, September 8, 11 a.m.-1 p.m.

Eat Right for Your Sight (T)

Explore healthy food options when living with vision loss.

Thursday, September 10, 10:30 a.m.-1 p.m.

Books and Bagels

This month's book is *Horse* by Geraldine Brooks.

Friday, September 11, 10 a.m.-12 p.m.

Call Jennifer Pandolfo at 570.992.7787, Ext. 222, or Rita Lang at 610.433.6018, Ext. 225, to register.

Lehigh Valley Programs

Greater LV Chapter-Nat. Federation of the Blind Meeting

Saturday, September 12, 1-3 p.m.

Applebee's Bar & Grill, 3730 Nazareth Pike, Bethlehem, PA

Call Kirk Hunger at 484.239.0741 for details.

Beginner Braille Class (T)

Facilitated by Dianne Michels. Consistent attendance is required.

Monday, September 14, 10-11:30 a.m.

Living through Depression Support Group Meetings

Monday, September 14, and Monday, September 28, 2-3 p.m.

Held by phone at 1.848.777.1212, passcode 219-9686#.

Call Jennifer Pandolfo at 570.992.7787, Ext. 222, or Rita Lang at 610.433.6018, Ext. 225, to register.

Working While Disabled Support Group Meeting

Tuesday, September 15, 1-2:30 p.m.

Held virtually.

iOS Device Workshop

Wednesday, September 16, 11 a.m.-1 p.m.

Men's Den Client Support Group

Wednesday, September 16, 2-3 p.m.

Held by phone at 1.848.777.1212, passcode 219-9686#.

Call Jennifer Pandolfo at 570.992.7787, Ext. 222, or Rita Lang at 610.433.6018, Ext. 225, to register.

Descriptions continue on page 9

September 2026

Lehigh Valley Client Calendar

Thursday	Friday	Saturday
3 Lehigh Vly Group 10-11:30 (T) Tech Talk 2-3:30	4	5
10 Eat Right for Sight 10:30-1 (T)	11 Book Club 10-12	12 GLVNFB 1-3
17 Mall Shopping 11-2 (T)	18	19 Bikers for Sight Ride 11-3
24 Lions Club 10-11:30 (T) Lions Dance 11:30-1:30 (T)	25	26 LVCB Meeting 10-1

Weekly Programs

Mall Walks
September 2,
9, 16, 23, and
30, 9-10:30 (T)

(T) Programs with available transportation

September 2026

Monroe Client Calendar

Sunday	Monday	Tuesday	Wednesday
		1	2
6	7 Closed for Holiday	8	9
13	14 Monroe Group 10-11:30 (T) Depression Grp 2-3	15 Working Support Group 1-2:30	16 Men's Group 2-3
20	21	22	23 Sorrenti Winery 11-2 (T)
27	28	29 Client Activity 10:30-12:30 (T) Lions Club 1-2 (T)	30

September 2026

Monroe Client Calendar

Thursday	Friday	Saturday
3 Tech Talk 2-3:30	4	5
10	11 Book Club 10-12	12
17 Shopping at The Crossings 10-1	18	19 Bikers for Sight Ride 11-3
24	25	26

(T) Programs with available transportation

September 2026

Lehigh Valley Client Calendar

Sunday	Monday	Tuesday	Wednesday
		1	2
6	7 Closed for Holiday	8 Women's Group 10-11 Crafters 11-1	9
13	14 Braille 10-11:30 (T) Depression Grp 2-3	15 Working Support Group 1-2:30	16 iOS Workshop 11-1 Men's Group 2-3
20	21	22	23
27	28	29 Lehigh Gap Nature Center 10-1:30	30

Lehigh Valley Programs - Continued

Shopping at Lehigh Valley Mall with United Way (T)

Shop with United Way of the Greater Lehigh Valley Day of Caring volunteers and share how Sights for Hope has impacted your life. Lunch is on your own.

Thursday, September 17, 11 a.m.-2 p.m.

Lehigh Valley Mall, 250 Lehigh Valley Mall, Whitehall, PA

Bikers for Sight Ride

Take part in our annual Bikers for Sight ride as motorcycle passengers with members of the Northeast PA Inter Club.

Saturday, September 19, 11 a.m.-3 p.m.

Ride begins at Pocono Mountains Harley-Davidson, 110 Hill Motor Lodge Road, Tannersville, PA

For transportation, call Rita Lang at 610.433.6018, Ext. 225.

Lehigh Valley Sights for Hope Lions Club Meeting (T)

Thursday, September 24, 10-11:30 a.m.

Dancing for Sight Lions Club Fundraiser (T)

Proceeds benefit the Lehigh Valley Sights for Hope Lions Club.

Thursday, September 24, 11:30 a.m.-1:30 p.m.

For more information, contact Bill Mulroy at 570.704.8877.

Lehigh Valley Council of the Blind Extended Lunch Meeting

Saturday, September 26, 10 a.m.-1 p.m.

Write to info.lvcb1993@gmail.com for details.

Visit to Lehigh Gap Nature Center (T)

Explore nature through listening, smell, and touch. Learn historical facts about the Lehigh Gap. Please bring money for lunch.

Tuesday, September 29, 10 a.m.-1:30 p.m.

Lehigh Gap Nature Center, 8844 Paint Mill Road, Slatington, PA

Monroe Programs

Held at the Monroe Services Center unless noted. **Programs with transportation are marked with a (T).** To register, call Lisa DePietro at 570.992.7787, Ext. 224, unless noted.

Tech Talk

Thursday, September 3, 2-3:30 p.m. Held virtually.

Books and Bagels

The client book club will meet at the Lehigh Valley Services Center. This month's book is *Horse* by Geraldine Brooks.

Friday, September 11, 10 a.m.-12 p.m.

Phone access: 1.848.777.1212, passcode 219-9686#.

Call Jennifer Pandolfo at 570.992.7787, Ext. 222, or Rita Lang at 610.433.6018, Ext. 225, to register.

Monroe Client Support Group (T)

Monday, September 14, 10-11:30 a.m.

Living through Depression Support Group Meetings

Monday, September 14, and Monday, September 28, 2-3 p.m.

Held by phone at 1.848.777.1212, passcode 219-9686#.

Call Jennifer Pandolfo at 570.992.7787, Ext. 222, or Rita Lang at 610.433.6018, Ext. 225, to register.

Working While Disabled Support Group Meeting

Tuesday, September 15, 1-2:30 p.m. Held virtually.

Men's Den Client Support Group

Group sessions are by phone and led by client Bryan Shumway.

Wednesday, September 16, 2-3 p.m.

Held by phone at 1.848.777.1212, passcode 219-9686#.

Call Jennifer Pandolfo at 570.992.7787, Ext. 222, or Rita Lang at 610.433.6018, Ext. 225, to register.

Monroe Programs

Shopping at the Crossings with United Way (T)

Shop with volunteers from Pocono Mountains United Way. Bring a lunch or money to purchase.

Thursday, September 17, 10 a.m.-1 p.m.

Crossings Premium Outlets, 1000 Premium Outlets Drive,
Tannersville, PA

Bikers for Sight Ride

Take part in our annual Bikers for Sight ride as motorcycle passengers with members of the Northeast PA Inter Club.

Saturday, September 19, 11 a.m.-3 p.m.

Ride begins at Pocono Mountains Harley-Davidson, 110 Hill Motor Lodge Road, Tannersville, PA

For transportation, call Jennifer Pandolfo at 570.992.7787, Ext. 222.

Visit to Sorrenti Family Estate Winery (T)

Enjoy wine flights of four two-ounce samples of your choice and lunch. Cost is \$16.00 per wine flight plus the price of lunch.

Wednesday, September 23, 11 a.m.-2 p.m.

Sorrenti Family Estate Winery, 130 Lower Cherry Valley Road,
Saylorsburg, PA

Monroe Client Group Activity (T)

This activity is open to all Monroe clients. Come learn about the effects and treatments of COPD from AmeriHealth Caritas.

Tuesday, September 29, 10:30 a.m.-12:30 p.m.

Call Jennifer Pandolfo at 570.992.7787, Ext. 222, to register.

Monroe Sights for Hope Lions Club Meeting (T)

Tuesday, September 29, 12:30-1:30 p.m.

Visit SightsforHope.org/MonroeLionsClub for details.

Client Bulletin

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