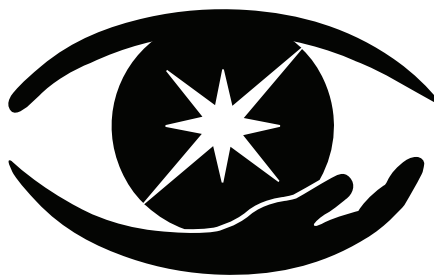


SIGHTS FOR HOPE™



Seize Independence **Now™**

Client Bulletin

December 2025 | Volume 15, Issue 6.1

Program Listings

Lehigh Valley: Pages 3-4, and 9

Monroe: Pages 9-11

Pullout Calendars

Lehigh Valley: Pages 5 and 8

Monroe: Pages 6-7

How to Schedule Transportation

Call Monday-Friday from 8:30 a.m.-4:30 p.m.

Lehigh Valley

Call Brian Schell, 610.433.6018, Ext. 226

Monroe County

Call Lisa DePietro, 570.992.7787, Ext. 224

Announcements for Clients

- Sights for Hope will be closed on Wednesday, December 24; Thursday, December 25; Wednesday, December 31; and Thursday, January 1, for the winter holidays.
- Sights for Hope will provide one (1) free extra-large 2026 calendar to every client who requests one. Additional calendars will be available for \$10.60 each. Please ask your caseworker if you are interested. The free calendars are provided courtesy of the estate of Jane Kiscadden, who was a Sights for Hope client.
- The Lehigh Valley Sights for Hope Lions club is participating in a holiday toy drive with the Allentown Fire Department. If you wish to participate, please drop off unwrapped new toys at the Lehigh Valley Services Center by December 12.
- The American Action Fund offers up to three (3) free 2026 Braille calendars for each person with a visual impairment or blindness. To receive your calendars, call 410.659.9315, or go to ActionFund.org.

Did You Know?

High-contrast color combinations can make objects stand out, improving safety and functionality. Practical ways to incorporate color contrast into your daily life include choosing furniture that contrasts with floors and walls, applying bright or contrasting-colored tape to the edges of steps to improve depth perception, using dark or white cutting boards when working with light-colored or dark-colored foods, using dark- and light-colored measuring spoons and cups, and writing on white paper with dark-colored markers. For more information, please ask your caseworker.

Lehigh Valley Programs

Held at the Lehigh Valley Services Center unless noted.
Programs with transportation are marked with a (T).
To register, call Rita Lang at 610.433.6018, Ext. 225, unless noted.

Beginner Braille Class (T)

Consistent attendance is required.

Monday, December 1, 10-11:30 a.m.

Mall Walks (T)

Wednesdays, December 3, 10, and 17, 9-10:30 a.m.

South Mall, 3300 Lehigh St., Allentown, PA

Lehigh Valley Client Support Group (T)

Thursday, December 4, 10-11:30 a.m.

Living through Depression Support Group Meetings

Monday, December 8, and Monday, December 22, 2-3 p.m.

Held by phone at 1.848.777.1212, passcode 219-9686#.

Call Jennifer Pandolfo at 570.992.7787, Ext. 222, or Rita Lang at 610.433.6018, Ext. 225, to register.

Women's Client Support Group

Tuesday, December 9, 10-11 a.m.

Crafters Corner Activity

Tuesday, December 9, 11 a.m.-1 p.m.

iOS Device Workshop

Wednesday, December 10, 11 a.m.-1 p.m.

Lehigh Valley Programs

Tech Talks

Thursday, December 11, 2-3:30 p.m.

Books and Bagels

This month's book is *Thunder Dog* by Michael Higson.

Friday, December 12, 10 a.m.-12 p.m.

Phone access: 1.848.777.1212, passcode 219-9686#.

Call Jennifer Pandolfo at 570.992.7787, Ext. 222, or Rita Lang at 610.433.6018, Ext. 225, to register.

Greater LV Chapter-Nat. Federation of the Blind Meeting

Saturday, December 13, 1-3 p.m.

Applebee's Bar & Grill, 3730 Nazareth Pike, Bethlehem, PA

Call Kirk Hunger at 484.239.0741 for details.

Lehigh Valley Council of the Blind Meeting and Holiday Party

Saturday, December 13, 11 a.m.-2 p.m.

Write to info.lvcb1993@gmail.com for details.

Cookies and Carols (T)

Bake some of your favorite cookies and sing holiday classics.

Please bring a baking sheet, a container to take cookies home, and a lunch or money to order. Facilitated by Dianne Michels.

Monday, December 15, 10:30 a.m.-1 p.m.

Grief Care Client Support Group

Monday, December 15, 2-3 p.m.

Held by phone at 1.848.777.1212, passcode 219-9686#.

Call Jennifer Pandolfo at 570.992.7787, Ext. 222, or Rita Lang at 610.433.6018, Ext. 225, to register.

Descriptions Continue on Page 9

December 2025

Lehigh Valley Client Calendar

Thursday	Friday	Saturday
4 Lehigh Vly Group 10-11:30 (T)	5	6
11	12 Book Club 10-12	13 GLVNFB 1-3 LVCB 11-2
18 Visionaries (T) 11-1:30	19	20
25 Closed for Holiday	26	27

Weekly Programs

Mall Walks
December 3, 10,
and 17,
9-10:30. (T)

Tech Talks
December 11,
2-3:30.

(T) Programs with available transportation

December 2025

Monroe Client Calendar

Sunday	Monday	Tuesday	Wednesday
	1 Monroe Group 10-11:30 (T)	2	3
7	8 Depression Grp 2-3	9	10
14	15 Grief Care Group 2-3	16	17 Men's Group 2-3
21	22 Depression Grp 2-3	23	24 Closed for Holiday
28	29	30 NuVisions 10:30- 12:30 (T) Lions Club 1-2 (T)	31 Closed for Holiday

December 2025

Monroe Client Calendar

Thursday	Friday	Saturday
4	5	6
11 Better Light for Sight (T) 10-12	12 Book Club 10-12	13
18	19 Cookies and Cards (T) 10-12	20
25 Closed for Holiday	26	27

Weekly Programs

Tech Talks
December 11,
2-3:30.

(T) Programs with available transportation

December 2025

Lehigh Valley Client Calendar

Sunday	Monday	Tuesday	Wednesday
	1 Braille 10-11:30 (T)	2	3
7	8 Depression Grp 2-3	9 Women's Group 10-11 Crafters 11-1	10 iOS Workshop 11-1
14	15 Cookies Carols 10:30-1 Grief Care Grp 2-3	16	17 Men's Group 2-3
21	22 Depression Grp 2-3	23	24 Closed for Holiday
28	29	30	31 Closed for Holiday

Lehigh Valley Programs - Continued

Men's Den Client Support Group

Wednesday, December 17, 2-3 p.m.

Held by phone at 1.848.777.1212, passcode 219-9686#.

Call Jennifer Pandolfo at 570.992.7787, Ext. 222, or Rita Lang at 610.433.6018, Ext. 225, to register.

Visionaries Client Group Holiday Party (T)

Enjoy a catered lunch and holiday singalong with your fellow clients. This event is organized by the Visionaries client group but is open to all Lehigh Valley clients. The cost is \$16.00 per person and money must be received by December 11. Checks must be payable to Sights for Hope. Please bring a gift that costs less than \$10.00 if you wish to participate in a gift exchange.

Thursday, December 18, 11 a.m.-1:30 p.m.

Monroe Programs

Held at the Monroe Services Center unless noted. **Programs with transportation are marked with a (T). To register, call Lisa DePietro at 570.992.7787, Ext. 224, unless noted.**

Monroe Client Support Group (T)

Monday, December 1, 10-11:30 a.m.

Living through Depression Support Group Meetings

Monday, December 8, and Monday, December 22, 2-3 p.m.

Held by phone at 1.848.777.1212, passcode 219-9686#.

Call Jennifer Pandolfo at 570.992.7787, Ext. 222, or Rita Lang at 610.433.6018, Ext. 225, to register.

Monroe Programs

Better Light for Better Sight (T)

Learn how using light will help you use your remaining vision.

Facilitated by Dianne Michels

Thursday, December 11, 10 a.m.-12 p.m.

Tech Talks

Thursday, December 11, 2-3:30 p.m.

Books and Bagels

This month's book is *Thunder Dog* by Michael Higson.

Friday, December 12, 10 a.m.-12 p.m.

Lehigh Valley Services Center, 845 West Wyoming St.,
Allentown, PA.

Phone access: 1.848.777.1212, passcode 219-9686#.

Call Jennifer Pandolfo at 570.992.7787, Ext. 222, or Rita Lang at
610.433.6018, Ext. 225, to register.

Grief Care Client Support Group

Monday, December 15, 848.777.1212, passcode 219-9686#.

Call Jennifer Pandolfo at 570.992.7787, Ext. 222, or Rita Lang at
610.433.6018, Ext. 225, to register.

Men's Den Client Support Group

Wednesday, December 17, 2-3 p.m.

Held by phone at 1.848.777.1212, passcode 219-9686#.

Call Jennifer Pandolfo at 570.992.7787, Ext. 222, or Rita Lang at
610.433.6018, Ext. 225, to register.

Monroe Programs

Cookies, Carols, and Cards (T)

Come with 3-4 dozen cookies to share with friends. Sing some carols and make cards for family, friends, and Meals on Wheels clients.

Friday, December 19, 10 a.m.-12 p.m.

NuVisions Client Group Activity (T)

This month's activity is a health presentation by Novus Stroudsburg and is open to all Monroe clients.

Tuesday, December 30, 10:30 a.m.-12:30 p.m.

Call Jennifer Pandolfo at 570.992.7787, Ext. 222, to register.

Monroe Sights for Hope Lions Club Meeting (T)

Tuesday, December 30, 1-2 p.m.

Find out more at SightsforHope.org/MonroeLionsClub.

Client Bulletin

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