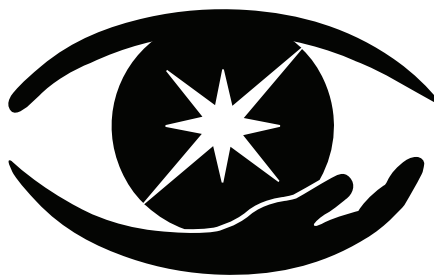


# **SIGHTS FOR HOPE™**



Seize Independence **Now™**

## **Client Bulletin**

**May 2025 | Volume 14, Issue 11.1**

### **Program Listings**

Lehigh Valley: Pages 3-4, and 9

Monroe: Pages 10-11

### **Pullout Calendars**

Lehigh Valley: Pages 5 and 8

Monroe: Pages 6-7

### **How to Schedule Transportation**

Call Monday-Friday from 8:30 a.m.-4:30 p.m.

#### **Lehigh Valley**

Call Brian Schell, 610.433.6018, Ext. 226

#### **Monroe County**

Call Lisa DePietro, 570.992.7787, Ext. 224

# Announcements for Clients

- Sights for Hope will be closed on Monday, May 26, for the Memorial Day holiday. No services will be available that day.
- Registration for the 2025 Lions Beacon Lodge camp for adults with visual impairments has begun. This year's camp will be held from Saturday, July 12, through Tuesday, July 22. Interested clients should ask their caseworkers for information. This year's bus will depart on July 12 at 9 a.m., from outside the former Kmart store at 4701 West Tilghman St. in Allentown, PA. Clients who want to take the bus should call John Anderson at 215.410.8524 to reserve a spot. Riders also must send a check for \$80, payable to Springfield Lions Club, to John Anderson at 1829 East Madison St.; Philadelphia, PA 19134. Checks must be received by Thursday, July 3.
- The Monroe Sights for Hope Lions Club is conducting an ongoing fundraiser selling Avon. Anyone interested can check out the fundraiser website at **[youravon.com/dsocha](https://youravon.com/dsocha)**.

## Did You Know?

Hadley is an organization that offers free online resources for individuals with visual impairments and blindness. These include podcasts, discussion groups, and workshops. Find out more at **[hadley.edu](https://hadley.edu)**.

# Lehigh Valley Programs

Programs are held at Sights for Hope's Lehigh Valley Services Center unless otherwise noted. **Programs that offer transportation are marked with a (T).**

**To register for a program, please call Rita Lang at 610.433.6018, Ext. 225, unless otherwise noted.**

## **Lehigh Valley Client Support Group (T)**

Thursday, May 1, 10-11:30 a.m.

## **Tech Talks**

Thursdays, May 1, 8, 15, 22, and 29, 2-3:30 p.m.

Held Virtually. Go to [SightsforHope.org/Events](https://SightsforHope.org/Events) for details.

## **Living through Depression Support Group Meetings**

Monday, May 5, and Monday, May 19, 2-3:30 p.m.

Held by phone at 1.848.777.1212, passcode 219-9686#.

Call Jennifer Pandolfo at 570.992.7787, Ext. 222, or Rita Lang at 610.433.6018, Ext. 225, to register.

## **Mall Walks (T)**

Wednesdays, May 7, 14, 21, and 28, 9-10:30 a.m.

South Mall, 3300 Lehigh St., Allentown, PA

## **Visit to Empire Beauty School (T)**

Enjoy a complimentary haircut and manicure from the students at Empire Beauty School. Please bring money for lunch.

Friday, May 9, 9:30 a.m.-2 p.m.

Empire Beauty School, 1634 MacArthur Road, Whitehall, PA

# Lehigh Valley Programs

## **Lions Club Day of Fishing (T)**

Sponsored by the Moore Township Lions Club. Breakfast and lunch will be served. Please register even if you have a ride.

Saturday, May 10, 8 a.m.-1 p.m.

2792 Valley View Drive, Bath, PA

## **Greater LV Chapter-Nat. Federation of the Blind Meeting**

Saturday, May 10, 10 a.m.-12 p.m.

Denny's Restaurant, 1871 Catasauqua Road, Allentown, PA

Call Kirk Hunger at 484.239.0741 for details.

## **Women's Client Support Group**

Tuesday, May 13, 10-11 a.m.

## **Crafters Corner Activity**

Tuesday, May 13, 11 a.m.-1 p.m.

## **Tips for Healthy Living with Low Vision (T)**

Thursday, May 15, 10:30 a.m.-1 p.m.

## **Client Book Club Meeting**

Book: *Counting Miracles* by Nicholas Sparks.

Friday, May 16, 10-11:30 a.m.

By phone at 1.848.777.1212, passcode 219-9686#.

Call Jennifer Pandolfo at 570.992.7787, Ext. 222, or Rita Lang at 610.433.6018, Ext. 225, to register.

**Descriptions Continue on Page 9**

# May 2025

## Lehigh Valley Client Calendar

Thursday	Friday	Saturday
<b>1</b> Lehigh Vly Group 10-11:30 (T)	<b>2</b>	<b>3</b>
<b>8</b>	<b>9</b> Empire Beauty Sch 9:30-2 (T)	<b>10</b> Fishing 8-1  GLVNFB 10-12
<b>15</b> Healthy Living 10:30-1 (T)	<b>16</b>  Book Club 10-11:30	<b>17</b>  LVCB 10-12
<b>22</b>	<b>23</b>	<b>24</b>
<b>29</b> Visionaries 10-12 (T)  Lions Club 12-1:30 (T)	<b>30</b>	<b>31</b>

### Transports

Programs with  
available  
transportation  
are marked  
with a (T).

### Weekly Programs

#### Mall Walks

May 7, 14, 21,  
and 28, 9-10:30.  
(T)

#### Tech Talks

May 1, 8, 15,  
22, and 29,  
2-3:30.

# May 2025

## Monroe Client Calendar

Sunday	Monday	Tuesday	Wednesday
4	5 Monroe Group 10-1:30 (T) Depression Grp 2-3:30	6	7
11	12	13	14
18	19 Band 11-1 (T) Depression Grp 2-3:30	20	21
25	26  Closed for Holiday	27	28

# May 2025

## Monroe Client Calendar

Thursday	Friday	Saturday
1	2	3
8	9	10 Fishing 8-1
15 Minsi Trail Outdoor Walk 10-12	16 Book Club 10-11:30	17
22 Make Pizza (T) 10-12:30	23	24
29	30 NuVisions 10:30-12:30 (T) Lions Club 1-2 (T)	31

### Transports

Programs with available transportation are marked with a (T).

### Weekly Programs

**Tech Talks**  
May 1, 8, 15, 22, and 29, 2-3:30.

# May 2025

## Lehigh Valley Client Calendar

Sunday	Monday	Tuesday	Wednesday
<b>4</b>	<b>5</b> Depression Grp 2-3:30	<b>6</b>	<b>7</b>
<b>11</b>	<b>12</b>	<b>13</b> Women's Group 10-11 Crafters 11-1	<b>14</b>
<b>18</b>	<b>19</b> Dominos 10-11:30(T) Band 11-1 (T) Depression Grp 2-3:30	<b>20</b>	<b>21</b>  iOS Workshop 11-1
<b>25</b>	<b>26</b>  Closed for Holiday	<b>27</b>  Rose Garden Outdoor Walk 11-1	<b>28</b>



# **Lehigh Valley Programs - Continued**

## **Lehigh Valley Council of the Blind Meeting**

Saturday, May 17, 10 a.m.-12 p.m.

Write to [fjgasper@icloud.com](mailto:fjgasper@icloud.com) for details.

## **Dominos and Other Fun Games (T)**

Monday, May 19, 10-11:30 a.m.

## **Client Band Jam Session (T)**

Practice for members of Sights for Hope's client band, Limitless.

Monday, May 19, 11 a.m.-1 p.m.; subject to change.

Monroe Services Center, 4215 Manor Drive, Stroudsburg, PA

## **iOS Device Workshop**

Wednesday, May 21, 11 a.m.-1 p.m.

## **Outdoor Walk at the Allentown Rose Garden (T)**

Tuesday, May 27, 11 a.m.-1 p.m.

Malcolm Gross Rose Garden, 3000 Broadway, Allentown, PA

## **Visionaries Client Group Activity (T)**

For all Lehigh Valley clients. Learn how to protect yourself from scams and identity theft. Please bring a lunch or money to order.

Thursday, May 29, 10 a.m.-12 p.m.

## **LV Sights for Hope Lions Club Meeting (T)**

For club members and interested guests

Thursday, May 29, 12-1:30 p.m.

Visit [SightsforHope.org/LVLionsClub](http://SightsforHope.org/LVLionsClub) for details.

# Monroe Programs

Programs are held at Sights for Hope's Monroe Services Center unless otherwise noted. **Programs that offer transportation are marked with a (T).**

**To register for a program, please call Lisa DePietro at 570.992.7787, Ext. 224, unless otherwise noted.**

## **Tech Talks**

Thursdays, May 1, 8, 15, 22, and 29, 2-3:30 p.m.  
Held Virtually. Go to [SightsforHope.org/Events](https://SightsforHope.org/Events) for details.

## **Monroe Client Support Group (T)**

Monday, May 5, 10-11:30 a.m.

## **Living through Depression Support Group Meetings**

Monday, May 5, and Monday, May 19, 2-3:30 p.m.  
Held by phone at 1.848.777.1212, passcode 219-9686#.  
Call Jennifer Pandolfo at 570.992.7787, Ext. 222, or Rita Lang at 610.433.6018, Ext. 225, to register.

## **Lions Club Day of Fishing (T)**

Sponsored by the Moore Township Lions Club. Breakfast and lunch will be served. Please register even if you have a ride.  
Saturday, May 10, 8 a.m.-1 p.m.  
2792 Valley View Drive, Bath, PA

## **Outdoor Walk at Minsi Lake (T)**

Thursday, May 15, 10 a.m.-12 p.m.  
East Shore Drive, Bangor, PA

# Monroe Programs

## **Client Book Club Meeting**

Book: *Counting Miracles* by Nicholas Sparks.

Friday, May 16, 10-11:30 a.m.

By phone at 1.848.777.1212, passcode 219-9686#.

Call Jennifer Pandolfo at 570.992.7787, Ext. 222, or Rita Lang at 610.433.6018, Ext. 225, to register.

## **Client Band Jam Session (T)**

Practice for members of Sights for Hope's client band, Limitless.

Monday, May 19, 11 a.m.-1 p.m.; subject to change.

## **Make Your Own Pizza (T)**

Learn how to create and cook your own pizza.

Thursday, May 22, 10 a.m.-12:30 p.m.

First Baptist Church of East Stroudsburg, 160 North Courtland St., East Stroudsburg, PA

## **NuVisions Client Group Activity (T)**

Open to all Monroe clients.

Friday, May 30, 10:30 a.m.-12:30 p.m.

Call Jennifer Pandolfo at 570.992.7787, Ext. 222, to register.

## **Monroe Sights for Hope Lions Club Meeting (T)**

For club members and interested guests. Please bring lunch or money to order.

Friday, May 30, 1-2 p.m.

Visit [SightsforHope.org/MonroeLionsClub](http://SightsforHope.org/MonroeLionsClub) for details.

## Client Bulletin

**This bulletin is a public service  
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