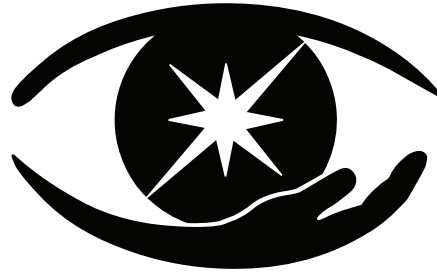


# **SIGHTS FOR HOPE™**



Seize Independence **Now™**

## **Client Bulletin**

April 2025 | Volume 14, Issue 10.1

### **Program Listings**

Lehigh Valley: Pages 3-4, and 9

Monroe: Pages 10-11

### **Pullout Calendars**

Lehigh Valley: Pages 5 and 8

Monroe: Pages 6-7

### **How to Schedule Transportation**

Call Monday-Friday from 8:30 a.m.-4:30 p.m.

#### **Lehigh Valley**

Call Brian Schell, 610.433.6018, Ext. 226

#### **Monroe County**

Call Lisa DePietro, 570.992.7787, Ext. 224

# Announcements for Clients

- Registration for the 2025 Lions Beacon Lodge camp for adults with visual impairments has begun. This year's camp will be held from Saturday, July 12, through Tuesday, July 22. Interested clients should ask their caseworkers for information. This year's bus will depart on July 12 at 9 a.m., from outside the former Kmart store at 4701 West Tilghman St. in Allentown, PA. Clients who want to take the bus should call John Anderson at 215.410.8524 to reserve a spot. Riders also must send a check for \$80, payable to Springfield Lions Club, to John Anderson at 1829 East Madison St.; Philadelphia, PA 19134.
- The Monroe Sights for Hope Lions Club is conducting an ongoing fundraiser selling Avon. Anyone interested can check out the fundraiser website at [youravon.com/dsocha](http://youravon.com/dsocha).

## Did You Know?

You can use your smartphone to be more independent every day. Its voiceover setting and apps such as Seeing AI, BlindSquare, Be My Eyes, Cash App, and more offer great assistance. If you want help to get started, please call your caseworker.

Don't have a smartphone? Sights for Hope can help you obtain a free one through a program called Tech Owl, which is run by Temple University. Please call your caseworker for more details if you are interested.



# Lehigh Valley Programs

Programs are held at Sights for Hope's Lehigh Valley Services Center unless otherwise noted. **Programs that offer transportation are marked with a (T).**

**To register for a program, please call Rita Lang at 610.433.6018, Ext. 225, unless otherwise noted.**

## **Mall Walks (T)**

Wednesdays, April 2, 9, 16, 23, and 30, 9-10:30 a.m.  
South Mall, 3300 Lehigh St., Allentown, PA.

## **Lehigh Valley Client Support Group (T)**

Thursday, April 3, 10-11:30 a.m.

## **Tech Talks**

Thursdays, April 3, 10, 17, and 24, 2-3:30 p.m.  
Held Virtually. Go to [SightsforHope.org/Events](https://SightsforHope.org/Events) for details.

## **Living through Depression Support Group Meetings**

Monday, April 7, and Monday, April 21, 2-3:30 p.m.  
Held by phone at 1.848.777.1212, passcode 219-9686#.  
Call Jennifer Pandolfo at 570.992.7787, Ext. 222, or Rita Lang at 610.433.6018, Ext. 225, to register.

## **Women's Client Support Group**

Tuesday, April 8, 10-11 a.m.

## **Crafters Corner Activity**

Tuesday, April 8, 11 a.m.-1 p.m.

# Lehigh Valley Programs

## **Visit to Allentown Fairgrounds Farmers Market (T)**

Enjoy purchasing farm fresh foods and other interesting items from local vendors. Sights for Hope will provide sighted guide volunteers. Please bring money for shopping and lunch.

Thursday, April 10, 11 a.m.-1:30 p.m.

Allentown Fairgrounds Farmers Market, 1825 West Chew St., Allentown, PA

## **Client Book Club Meeting**

Book: *Dream Town* by David Baldacci.

Friday, April 11, 10-11:30 a.m.

By phone at 1.848.777.1212, passcode 219-9686#.

Call Jennifer Pandolfo at 570.992.7787, Ext. 222, or Rita Lang at 610.433.6018, Ext. 225, to register.

## **Greater LV Chapter-Nat. Federation of the Blind Meeting**

Saturday, April 12, 10 a.m.-12 p.m.

Denny's Restaurant, 1871 Catasauqua Road, Allentown, PA.

Call Kirk Hunger at 484.239.0741 for details.

## **Dominos and Other Fun Games (T)**

Monday, April 14, 10-11:30 a.m.

## **iOS Device Workshop**

Wednesday, April 16, 11 a.m.-1 p.m.

**Descriptions Continue on Page 9**

# April 2025

## Lehigh Valley Client Calendar

Thursday	Friday	Saturday
<b>3</b> Lehigh Vly Group 10-11:30 (T)	<b>4</b>	<b>5</b>
<b>10</b> Farmers Market 10-1 (T)	<b>11</b> Book Club 10-11:30	<b>12</b> GLVNFB 10-12
<b>17</b> Braille 10-11:30 (T)	<b>18</b>	<b>19</b> LVCB 10-12
<b>24</b> Visionaries 10-12 (T) Lions Club 12-1:30 (T)	<b>25</b>	<b>26</b>

### Transports

Programs with available transportation are marked with a (T).

### Weekly Programs

**Mall Walks**  
April 2, 9, 16, 23, and 30, 9-10:30. (T)

**Tech Talks**  
April 3, 10, 17, and 24, 2-3:30.

# April 2025

## Monroe Client Calendar

Sunday	Monday	Tuesday	Wednesday
		1	2
6	7 Monroe Group 10-1:30 (T) Depression Grp 2-3:30	8	9
13	14	15	16 Low Vision Swap (T) 10-11:30
20	21 Depression Grp 2-3:30	22	23
27	28 Band 11-1 (T)	29	30 NuVisions 10:30-12:30 (T) Lions Club 1-2 (T)

# April 2025

## Monroe Client Calendar

Thursday	Friday	Saturday
<b>3</b>	<b>4</b>	<b>5</b>
<b>10</b> Spring Fling 11:30-1 (T)	<b>11</b> Book Club 10-11:30	<b>12</b>
<b>17</b>	<b>18</b>	<b>19</b>
<b>24</b> Painting (T) 10-11:30	<b>25</b>	<b>26</b>

### Transports

Programs with available transportation are marked with a (T).

### Weekly Programs

#### Tech Talks

April 3, 10, 17, and 24, 2-3:30.

# April 2025

## Lehigh Valley Client Calendar

Sunday	Monday	Tuesday	Wednesday
		1	2
6	7 Depression Grp 2-3:30	8 Women's Group 10-11 Crafters 11-1	9
13	14	15	16 iOS Workshop 11-1
20	21 Dominos 10-11:30 Depression Grp 2-3:30	22	23
27	28 Band 11-1 (T)	29	30



# Lehigh Valley Programs - Continued

## **Introduction to Braille (T)**

Dianne Michels will introduce the Braille code with a hands-on demonstration. This program is for those who are interested seriously in learning to read Braille.

Thursday, April 17, 10-11:30 a.m.

## **Lehigh Valley Council of the Blind Meeting**

Saturday, April 19, 10 a.m.-12 p.m.

Write to [fjgasper@icloud.com](mailto:fjgasper@icloud.com) for details.

## **Visionaries Client Group Activity (T)**

For all Lehigh Valley clients. Explore the benefits of chair yoga and stretching exercises with Pam Smith of Kripalu Yoga. Please bring a lunch or money to order.

Thursday, April 24, 10 a.m.-12 p.m.

## **LV Sights for Hope Lions Club Meeting (T)**

For club members and interested guests

Thursday, April 24, 12-1:30 p.m.

Visit [SightsforHope.org/LVLionsClub](http://SightsforHope.org/LVLionsClub) for details.

## **Client Band Jam Session (T)**

Practice for members of Sights for Hope's client band, Limitless.

Monday, April 28, 11 a.m.-1 p.m.; subject to change.

Monroe Services Center, 4215 Manor Drive, Stroudsburg, PA.

# Monroe Programs

Programs are held at Sights for Hope's Monroe Services Center unless otherwise noted. **Programs that offer transportation are marked with a (T).**

**To register for a program, please call Lisa DePietro at 570.992.7787, Ext. 224, unless otherwise noted.**

## **Tech Talks**

Thursdays, April 3, 10, 17, and 24, 2-3:30 p.m.  
Held Virtually. Go to [SightsforHope.org/Events](https://SightsforHope.org/Events) for details.

## **Monroe Client Support Group (T)**

Monday, April 7, 10-11:30 a.m.

## **Living through Depression Support Group Meetings**

Monday, April 7, and Monday, April 21, 2-3:30 p.m.  
Held by phone at 1.848.777.1212, passcode 219-9686#.  
Call Jennifer Pandolfo at 570.992.7787, Ext. 222, or Rita Lang at 610.433.6018, Ext. 225, to register.

## **Annual Monroe Spring Fling (T)**

This year's Spring Fling will be held in the Laurel Lake Café at the Monroe Career and Technical Institute. The cost is \$20 per person. The meal is a choice of Chicken Parmesan or Balsamic Glazed Salmon. Please RSVP with meal choice to Jennifer Pandolfo by March 18.

Thursday, April 10, 11:30 a.m.-1 p.m.

Laurel Lake Café, 194 Laurel Lake Road, Bartonsville, PA

# Monroe Programs

## **Client Book Club Meeting**

Book: *Dream Town* by David Baldacci.

Friday, April 11, 10-11:30 a.m.

By phone at 1.848.777.1212, passcode 219-9686#.

Call Jennifer Pandolfo at 570.992.7787, Ext. 222, or Rita Lang at 610.433.6018, Ext. 225, to register.

## **Annual Low Vision Swap (T)**

Bring your old low vision devices and swap them for new ones.

Wednesday, April 16, 10-11:30 a.m.

## **Painting with Stencils (T)**

Come spark your creative side with some art.

Thursday, April 24, 10-11:30 a.m.

## **Client Band Jam Session (T)**

Practice for members of Sights for Hope's client band, Limitless.

Monday, April 28, 11 a.m.-1 p.m.; subject to change.

## **NuVisions Client Group Activity (T)**

Open to all Monroe clients. Heather Snyder from the Pennsylvania SSP program discusses services for people with visual and hearing impairments.

Wednesday, April 30, 10:30 a.m.-12:30 p.m.

Call Jennifer Pandolfo at 570.992.7787, Ext. 222, to register.

## **Monroe Sights for Hope Lions Club Meeting (T)**

For club members and interested guests. Please bring lunch or money to order.

Wednesday, April 30, 1-2 p.m.

Visit [SightsforHope.org/MonroeLionsClub](http://SightsforHope.org/MonroeLionsClub) for details.



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## Client Bulletin

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