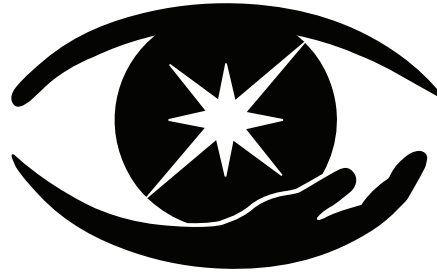


SIGHTS FOR HOPE™



Seize Independence **Now™**

Client Bulletin

December 2024 | Volume 14, Issue 6.1

Program Listings

Lehigh Valley: Pages 3-4, and 9

Monroe: Pages 9-11

Pullout Calendars

Lehigh Valley: Pages 5 and 8

Monroe: Pages 6-7

How to Schedule Transportation

Call Monday-Friday from 8:30 a.m.-4:30 p.m.

Lehigh Valley

Call Brian Schell, 610.433.6018, Ext. 226

Monroe County

Call Lisa DePietro, 570.992.7787, Ext. 224

Announcements for Clients

- Sights for Hope will be closed on Tuesday, December 24, and Wednesday, December 25, for the Christmas Holiday and on Tuesday, December 31, and Wednesday, January 1, for the New Year holiday. No services will be available on those days.
- This year's Pines Dinner Theatre holiday show will be on Wednesday, December 11, and will feature Irving Berlin's *White Christmas*. The cost will be \$70 for the show, a fresh garden salad, choice of entrée, dessert, and beverage. Clients must RSVP by Wednesday, November 20, and provide payment by Monday, December 2. Interested clients should call Rita Lang at 610.433.6018, Ext. 225.
- Tickets for guided transports make a great holiday gift idea for clients' friends and family members. Tickets are \$3.50 per ride, or \$7 per trip. Tickets can be purchased with a credit card by calling Sights for Hope at 610.433.6018, during business hours. Tickets will be shipped to an address chosen when purchasing.

Lehigh Valley Programs

Programs are held at Sights for Hope's Lehigh Valley Services Center unless otherwise noted. **Programs that offer transportation are marked with a (T).**

To register for a program, please call Rita Lang at 610.433.6018, Ext. 225, unless otherwise noted.

iOS Device Workshop

Wednesday, December 4, 11 a.m.-1 p.m.

Mall Walks (T)

Wednesdays, December 4, 11, and 18, 9-10:30 a.m.
South Mall, 3300 Lehigh St., Allentown, PA.

Lehigh Valley Client Support Group (T)

Thursday, December 5, 10-11:30 a.m.

Tech Talks

Thursdays, December 5, 12, and 19, 2-3:30 p.m.
Held Virtually. Go to SightsforHope.org/Events for details.

Living through Depression Support Group Meetings

Monday, December 9, and Monday, December 23, 2-3:30 p.m.
Held by phone at 1.848.777.1212, passcode 219-9686#.

Call Jennifer Pandolfo at 570.992.7787, Ext. 222, or Rita Lang at 610.433.6018, Ext. 225, to register.

Women's Client Support Group

Tuesday, December 10, 10-11 a.m.

Lehigh Valley Programs

Crafters Corner Activity

Tuesday, December 10, 11 a.m.-1 p.m.

Pines Dinner Theatre Holiday Show (T)

This is the most fun you will have this holiday season! Please go to page 2 for details. Cost is \$70 per person for show ticket, meal, and gratuity. Please make checks to Sights for Hope. The money must be received by Monday, December 2.

Wednesday, December 11, 12-3:30 p.m.

Pines Dinner Theatre, 315 South Cedar Crest Blvd., Allentown, PA.

Call Rita Lang at 610.433.6018, Ext. 225, to register.

Client Book Club Meeting

Book: *The Christmas Train* by David Baldacci.

Friday, December 13, 10 a.m.-12:30 p.m.

By phone at 1.848.777.1212, passcode 219-9686#.

Call Jennifer Pandolfo at 570.992.7787, Ext. 222, or Rita Lang at 610.433.6018, Ext. 225, to register.

Greater LV Chapter-Nat. Federation of the Blind Meeting

Saturday, December 14, 10 a.m.-12 p.m.

Denny's Restaurant, 1871 Catasauqua Road, Allentown, PA.

Call Cheryl Frazier at 610.802.3050 for details.

Lehigh Valley Council of the Blind Meeting and Holiday Party

Saturday, December 14, 11 a.m.-2 p.m.

Prime Steak House, 325 Stoke Park Road, Bethlehem, PA.

Write to LVCB1993@gmail.com for details.

Descriptions Continue on Page 9

December 2024

Lehigh Valley Client Calendar

Thursday	Friday	Saturday
5 Lehigh Vly Group 10-11:30 (T)	6	7
12	13 Book Club 10-12:30	14 GLVNFB 10-12 LVCB 11-2
19 Visionaries 11-1:30 (T)	20	21
26	27	28

Transports

Programs with available transportation are marked with a (T).

Weekly Programs

Mall Walks

December 4, 11, and 18, 9-10:30. (T)

Tech Talks

December 5, 12, and 19, 2-3:30.

December 2024

Monroe Client Calendar

Sunday	Monday	Tuesday	Wednesday
1	2 Monroe Group 10-11:30 (T)	3	4
8	9 Depression Grp 2-3:30	10 Maximizing Senses 10-11:30 (T)	11
15	16	17 Chair Yoga 10-11:30 (T)	18
22	23 Depression Grp 2-3:30	24 Closed for Holiday	25 Closed for Holiday
29	30 NuVisions 10-11:30 (T) Monroe Lions 12:30-1:30 (T)	31 Closed for Holiday	

December 2024

Monroe Client Calendar

Thursday	Friday	Saturday
5	6	7
12 Cards and Carols 10-11:30 (T)	13 Book Club 10-12:30	14
19	20	21
26	27	28

Transports

Programs with available transportation are marked with a (T).

Weekly Programs

Tech Talks
December 5, 12, and 19, 2-3:30.

December 2024

Lehigh Valley Client Calendar

Sunday	Monday	Tuesday	Wednesday
1	2	3	4 iOS Workshop 11-1
8	9 Depression Grp 2-3:30	10 Women's Group 10-11 Crafters 11-1	11 Dinner Theatre 12-3:30 (T)
15	16 Cookies and Carols 10:30-1 (T)	17	18
22	23 Depression Grp 2-3:30	24 Closed for Holiday	25 Closed for Holiday
29	30	31 Closed for Holiday	

Lehigh Valley Programs - Continued

Cookies and Carols (T)

Bake some of your favorite cookies and sing holiday classics. Please bring a baking sheet and a container to take your cookies home and a lunch or money to order. Facilitated by Dianne Michels.

Monday, December 16, 10:30 a.m.-1 p.m.

Call Rita Lang at 610.433.6018, Ext. 225, to register.

Visionaries Client Group Holiday Party (T)

Enjoy a catered lunch and live entertainment as you mingle with your fellow clients. This event is organized by the Visionaries client group but is open to all Lehigh Valley clients. The cost is \$15.00 per person and money must be received by Thursday, December 12, to reserve a seat. Checks must be payable to Sights for Hope. Please bring a gift under \$10.00 if you wish to participate in a holiday game.

Thursday, December 19, 11 a.m.-1:30 p.m.

Call Rita Lang at 610.433.6018, Ext. 225, to register.

Monroe Programs

Programs are held at Sights for Hope's Monroe Services Center unless otherwise noted. **Programs that offer transportation are marked with a (T).**

To register for a program, please call Lisa DePietro at 570.992.7787, Ext. 224, unless otherwise noted.

Monroe Client Support Group (T)

Monday, December 2, 10-11:30 a.m.

Monroe Programs

Tech Talks

Thursdays, December 5, 12, and 19, 2-3:30 p.m.
Held Virtually. Go to SightsforHope.org/Events for details.

Living through Depression Support Group Meetings

Monday, December 9, and Monday, December 23, 2-3:30 p.m.
Held by phone at 1.848.777.1212, passcode 219-9686#.
Call Jennifer Pandolfo at 570.992.7787, Ext. 222, or Rita Lang at 610.433.6018, Ext. 225, to register.

Maximizing Your Senses (T)

Facilitated by Dianne Michels. Learn how to use all your senses more effectively.

Tuesday, December 10, 10-11:30 a.m.
Call Lisa DePietro at 570.992.7787, Ext. 224, to register.

Cards and Carols (T)

Join the Pocono Mountain East Leo club and decorate cards for friends, families, and clients of Monroe County Meals on Wheels.
Thursday, December 12, 10-11:30 a.m.
Call Lisa DePietro at 570.992.7787, Ext. 224, to register.

Client Book Club Meeting

Book: *The Christmas Train* by David Baldacci.
Friday, December 13, 10 a.m.-12:30 p.m.
By phone at 1.848.777.1212, passcode 219-9686#.
Call Jennifer Pandolfo at 570.992.7787, Ext. 222, or Rita Lang at 610.433.6018, Ext. 225, to register.

Monroe Programs

Chair Yoga (T)

Learn how to relax and combat holiday stress.

Tuesday, December 17, 10-11:30 a.m.

Call Lisa DePietro at 570.992.7787, Ext. 224, to register.

NuVisions Client Group Activity (T)

This activity is open to all Monroe clients. Learn more about the signs and symptoms of Alzheimer's disease and how you can support someone who is living with it.

Monday, December 30, 10-11:30 a.m.

Call Lisa DePietro at 570.992.7787, Ext. 224, to register.

Monroe Sights for Hope Lions Club Meeting (T)

For club members and interested guests. Please bring lunch or money to order.

Monday, December 30, 12:30-1:30 p.m.

Visit SightsforHope.org/MonroeLionsClub for details.



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Client Bulletin

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