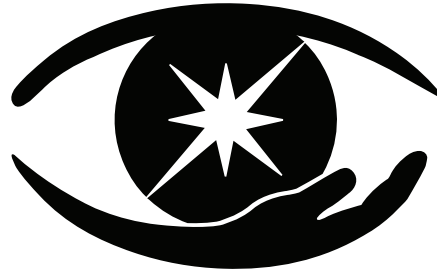


SIGHTS FOR HOPE™



Seize Independence **Now™**

Client Bulletin

October 2024 | Volume 14, Issue 4.1

Program Listings

Lehigh Valley: Pages 3-4, and 9

Monroe: Pages 9-11

Pullout Calendars

Lehigh Valley: Pages 5 and 8

Monroe: Pages 6-7

How to Schedule Transportation

Call Monday-Friday from 8:30 a.m.-4:30 p.m.

Lehigh Valley

Call Brian Schell, 610.433.6018, Ext. 226

Monroe County

Call Lisa DePietro, 570.992.7787, Ext. 224

Announcements for Clients

- The Monroe Sights for Hope Lions Club is sponsoring an Avon products fundraiser. All proceeds benefit the club. For more information, go to <https://www.avon.com/?rep=dsocha>.
- Sights for Hope will honor Paul Miller, CEO of Active Learning Centers and Lehigh Valley Martial Arts, with its Titan of Hope Award, which recognizes distinguished professionals with visual impairments. The award luncheon will be held on Thursday, October 24, from 11:30 a.m.-2 p.m. at The Aster at the Hyatt Hotel in Allentown, PA. It also will feature the first major performance of Limitless, Sights for Hope's client band. Tickets are \$97 each and can be purchased by calling 610.433.6018, Ext. 232. Transportation is on your own.
- The art exhibition titled *Another Point of View: 4 Visually Impaired Artists* appears at the Bethlehem Town Hall Rotunda Gallery through November 4. Presented by the Bethlehem Fine Arts Commission and the PA Council on the Arts, it brings together the works of artists with visual impairments – including Sights for Hope Vision Rehabilitation Therapist Dianne Michels and Sights for Hope clients Mary Ann Dunwoodie and Michael Freeman. For more information, visit <https://bfac-lv.org>.
- This year's Pines Dinner Theatre holiday show will be on Wednesday, December 11, and will feature Irving Berlin's *White Christmas*. The cost will be \$70 for the show, a fresh garden salad, choice of entrée, dessert, and beverage. Clients must RSVP by Wednesday, November 20, and provide payment by Monday, December 2. Interested clients should call Rita Lang at 610.433.6018, Ext. 225.

Lehigh Valley Programs

Programs are held at Sights for Hope's Lehigh Valley Services Center unless otherwise noted. **Programs that offer transportation are marked with a (T).**

To register for a program, please call Rita Lang at 610.433.6018, Ext. 225, unless otherwise noted.

Mall Walks (T)

Wednesdays, October 2, 9, 16, 23, and 30, 9-10:30 a.m.
South Mall, 3300 Lehigh St., Allentown, PA.

Lehigh Valley Client Support Group (T)

Thursday, October 3, 10-11:30 a.m.

Tech Talks

Thursday, October 3, 10, 17, 24, and 31, 2-3:30 p.m.
Held Virtually. Go to SightsforHope.org/Events for details.

Living through Depression Support Group Meetings

Monday, October 7, and Monday, October 21, 2-3 p.m.
Held by phone at 1.848.777.1212, passcode 219-9686#.
Call Jennifer Pandolfo at 570.992.7787, Ext. 222, or Rita Lang at 610.433.6018, Ext. 225, to register.

Women's Client Support Group

Tuesday, October 8, 10-11 a.m.

Crafters Corner Activity

Tuesday, October 8, 11 a.m.-1 p.m.

Lehigh Valley Programs

LV Sights for Hope Lions Club Meeting (T)

Thursday, October 10, 10-11:30 a.m.

Client Book Club Meeting

October's book is *Anxious People* by Frederick Bachman.

Friday, October 11, 10 a.m.-12:30 p.m.

By phone at 1.848.777.1212, passcode 219-9686#.

Call Jennifer Pandolfo at 570.992.7787, Ext. 222, or Rita Lang at 610.433.6018, Ext. 225, to register.

Greater LV Chapter-Nat. Federation of the Blind Meeting

Saturday, October 12, 10 a.m.-12 p.m.

Denny's Restaurant, 1871 Catasauqua Road, Allentown, PA.

Call Cheryl Frazier at 610.802.3050 for details.

iOS Device Workshop

Wednesday, October 16, 11 a.m.-1 p.m.

Able to Label (T)

Learn tips and tricks for marking and labeling personal items.

Thursday, October 17, 10-11:30 a.m.

Lehigh Valley Council of the Blind Meeting

Saturday, October 19, 10 a.m.-12 p.m.

Write to LVCB1993@gmail.com for details.

Descriptions Continue on Page 9

October 2024

Lehigh Valley Client Calendar

Thursday	Friday	Saturday
3 Lehigh Vly Group 10-11:30 (T)	4	5
10 LV Lions 10-11:30 (T)	11 Book Club 10-12:30	12 GLVNFB 10-12
17 Able to Label 10-11:30 (T)	18	19 LVCB 10-12
24	25	26
31 Halloween Party 11-1:30 (T)		

Transports

Programs with available transportation are marked with a (T).

Weekly Programs

Mall Walks

October 2, 9, 16, 23, and 30, 9-10:30 (T).

Tech Talks

October 3, 10, 17, 24, and 31, 2-3:30.

October 2024

Monroe Client Calendar

Sunday	Monday	Tuesday	Wednesday
		1	2
6	7 Monroe Group 10-11:30 (T) Depression Grp 2-3	8	9
13	14	15	16 Apple Picking 10-1 (T)
20	21 Depression Grp 2-3	22 Taco Tuesday 10-11:30 (T)	23
27	28 Client Band 11-1 (T)	29	30

October 2024

Monroe Client Calendar

Thursday	Friday	Saturday
3	4	5
10	11 Book Club 10-12:30	12
17	18	19
24	25	26
31 Halloween Party 10:30-12:30 (T) Monroe Lions 1-2 (T)		

Transports

Programs with available transportation are marked with a (T).

Weekly Programs

Tech Talks

October
3, 10, 17,
24, and 31,
2-3:30.

October 2024

Lehigh Valley Client Calendar

Sunday	Monday	Tuesday	Wednesday
		1	2
6	7 Depression Grp 2-3	8 Women's Group 10-11 Crafters 11-1	9
13	14	15	16 iOS Workshop 11-1
20	21 Depression Grp 2-3	22	23
27	28 Client Band 11-1 (T)	29	30

Lehigh Valley Programs - Continued

Client Band Jam Session (T)

Practice for members of Sights for Hope's client band, Limitless. Monday, October 28, 11 a.m.-1 p.m.; subject to change. Monroe Services Center, 4215 Manor Drive, Stroudsburg, PA.

Visionaries Group Halloween Party (T)

This activity is organized by the Visionaries client group but is open to all Lehigh Valley clients. Enjoy a hauntingly good time and do not forget your costume. Sign up and bring a covered dish. Thursday, October 31, 11 a.m.-1:30 p.m.

Monroe Programs

Programs are held at Sights for Hope's Monroe Services Center unless otherwise noted. **Programs that offer transportation are marked with a (T).**

To register for a program, please call Lisa DePietro at 570.992.7787, Ext. 224, unless otherwise noted.

Tech Talks

Thursday, October 3, 10, 17, 24, and 31, 2-3:30 p.m.
Held Virtually. Go to SightsforHope.org/Events for details.

Monroe Client Support Group (T)

Monday, October 7, 10-11:30 a.m.
Call Lisa DePietro at 570.992.7787, Ext. 224, to register.

Monroe Programs

Living through Depression Support Group Meetings

Monday, October 7, and Monday, October 21, 2-3 p.m.

Held by phone at 1.848.777.1212, passcode 219-9686#.

Call Jennifer Pandolfo at 570.992.7787, Ext. 222, or Rita Lang at 610.433.6018, Ext. 225, to register.

Client Book Club Meeting

October's book is *Anxious People* by Frederick Bachman.

Friday, October 11, 10 a.m.-12:30 p.m.

By phone at 1.848.777.1212, passcode 219-9686#.

Call Jennifer Pandolfo at 570.992.7787, Ext. 222, or Rita Lang at 610.433.6018, Ext. 225, to register.

Apple Picking at Race Farm (T)

Autumn comes alive during our annual apple picking adventure.

Cost is \$14 for a hayride, pumpkin, and half a bushel of apples; or \$3 for just the hayride. Please note that the farm's stand will be open.

Wednesday, October 16, 10 a.m.-1 p.m.

Race Farm, 87 Belcher Road, Blairstown, N.J.

Taco Tuesday (T)

Learn to make simple tacos with Dianne Michels.

Tuesday, October 22, 10-11:30 a.m.

Client Band Jam Session (T)

Practice for members of Sights for Hope's client band, Limitless.

Monday, October 28, 11 a.m.-1 p.m.; subject to change.

Monroe Programs

NuVisions Halloween Party (T)

This activity is organized by the NuVisions client group but is open to all Monroe clients. Bring a dish to share. Costumes are optional.

Thursday, October 31, 10:30 a.m.-12:30 p.m.

Call Jennifer Pandolfo at 570.992.7787, Ext. 222, to register.

Monroe Sights for Hope Lions Club Meeting (T)

For club members and interested guests. Please bring lunch or money to order.

Thursday, October 31, 1-2 p.m.

Visit SightsforHope.org/MonroeLionsClub for details.



FREE MATTER FOR
THE BLIND OR
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Post Manual Part 138

Client Bulletin

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