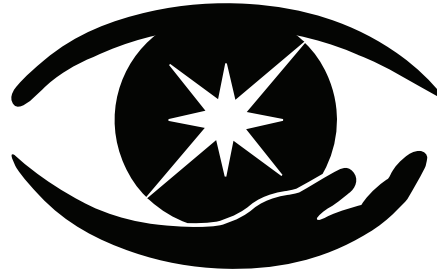


SIGHTS FOR HOPE™



Seize Independence **Now™**

Client Bulletin

September 2024 | Volume 14, Issue 3.1

Program Listings

Lehigh Valley: Pages 2-4, and 9

Monroe: Pages 9-11

Pullout Calendars

Lehigh Valley: Pages 5 and 8

Monroe: Pages 6-7

How to Schedule Transportation

Call Monday-Friday from 8:30 a.m.-4:30 p.m.

Lehigh Valley

Call Brian Schell, 610.433.6018, Ext. 226

Monroe County

Call Lisa DePietro, 570.992.7787, Ext. 224

Lehigh Valley Programs

Programs are held at Sights for Hope's Lehigh Valley Services Center unless otherwise noted. **Programs that offer transportation are marked with a (T).**

Mall Walks (T)

Wednesdays, September 4, 11, 18, and 25, 9-10:30 a.m.
South Mall, 3300 Lehigh St., Allentown, PA

Lehigh Valley Client Support Group (T)

Thursday, September 5, 10-11:30 a.m.
Call Rita Lang at 610.433.6018, Ext. 225, to register.

Tech Talks

Thursday, September 5, 12, 19, and 26, 2-3:30 p.m.
Held Virtually. Go to SightsforHope.org/Events for details.

Women's Client Support Group

Tuesday, September 10, 10-11 a.m.
Call Rita Lang at 610.433.6018, Ext. 225, to register.

Crafters Corner Activity

Tuesday, September 10, 11 a.m.-1 p.m.
Call Rita Lang at 610.433.6018, Ext. 225, to register.

Client Book Club Meeting

Book: *Remarkably Bright Creatures* by Shelby Van Pelt
Friday, September 13, 10 a.m.-12:30 p.m.
By phone at 1.848.777.1212, passcode 219-9686#
Call Jennifer Pandolfo at 570.992.7787, Ext. 222, or Rita Lang at 610.433.6018, Ext. 225, to register.

Lehigh Valley Programs

Greater LV Chapter-Nat. Federation of the Blind Meeting

Saturday, September 14, 10 a.m.-12 p.m.

Denny's Restaurant, 1871 Catasauqua Road, Allentown, PA
Call Cheryl Frazier at 610.802.3050 for details.

Lehigh Valley Council of the Blind Meeting

This is an extended lunch meeting. Please bring a lunch.

Saturday, September 14, 10 a.m.-1 p.m.

Good Shepherd Empowerment Center, 3200 Center Valley Parkway, first floor, Center Valley, PA

Write to LVCB1993@gmail.com for details.

Living through Depression Support Group Meetings

Monday, September 16, 2-3 p.m., and Monday, September 30, 2-3 p.m.

Held by phone at 1.848.777.1212, passcode 219-9686#

Call Jennifer Pandolfo at 570.992.7787, Ext. 222, or Rita Lang at 610.433.6018, Ext. 225, to register.

Apple Picking (T)

Join us for a fun day of apple picking at Pappy's Orchard and Lisa's Kitchen.

Tuesday, September 17, 10:30 a.m.-1 p.m.

Pappy's Orchard, 2576 Cassel Road, Coopersburg, PA

Call Rita Lang at 610.433.6018, Ext. 225, to register.

iOS Device Workshop

Wednesday, September 18, 11 a.m.-1 p.m.

Call Rita Lang at 610.433.6018, Ext. 225, to register.

Lehigh Valley Programs

Shopping at Lehigh Valley Mall with United Way (T)

Enhance your fall wardrobe and serve as Sights for Hope's best ambassadors during United Way of the Greater Lehigh Valley's Day of Caring. United Way volunteers will help you shop as you share how Sights for Hope has impacted your life. Lunch is on your own.

Thursday, September 19, 11 a.m.-2 p.m.

Lehigh Valley Mall, 250 Lehigh Valley Mall, Whitehall, PA

Call Rita Lang at 610.433.6018, Ext. 225, to register.

Client Band Jam Session (T)

Practice for members of Sights for Hope's client band, Limitless.

Monday, September 23, 11 a.m.-1 p.m.; subject to change

Monroe Services Center, 4215 Manor Drive, Stroudsburg, PA

Call Rita Lang at 610.433.6018, Ext. 225, to register.

Visit to the Allentown Art Museum (T)

Enjoy an audio-described tour of select pieces. Please bring money for lunch.

Tuesday, September 24, 10 a.m.-1 p.m.

Allentown Art Museum, 31 North Fifth St., Allentown, PA

Call Rita Lang at 610.433.6018, Ext. 225, to register.

Visionaries Client Group Activity (T)

For all Lehigh Valley clients. Learn about Tech Owl and the PA Assistive Technology Foundation (PATF). Please bring a lunch or money to order.

Thursday, September 26, 10 a.m.-12 p.m.

Call Rita Lang at 610.433.6018, Ext. 225, to register.

Descriptions Continue on Page 9

September 2024

Lehigh Valley Client Calendar

Thursday	Friday	Saturday
5 Lehigh Vly Group 10-11:30 (T)	6	7
12	13 Book Club 10-12:30	14 GLVNFB 10-12 LVCB 10-1
19 LV Mall/ United Way 11-2 (T)	20	21
26 Visionaries 10-12 (T) LV Lions 12-1:30 (T)	27	28

Transports

Programs with available transportation are marked with a (T)

Weekly Programs

Mall Walks

September 4, 11, 18, and 25, 9-10:30 (T)

Tech Talks

September 5, 12, 19, and 26, 2-3:30

September 2024

Monroe Client Calendar

Sunday	Monday	Tuesday	Wednesday
1	2 Closed for Holiday	3	4
8	9 Monroe Group 10-11:30 (T)	10	11 Crossings/ United Way 10-1 (T)
15	16 Depression Grp 2-3	17 Alpaca Farm 11-1 (T)	18
22	23 Client Band 11-1 (T)	24	25
29	30 NuVisions and Lions 10:30-2 (T) Depression Grp 2-3		

September 2024

Monroe Client Calendar

Thursday	Friday	Saturday
5	6	7
12	13 Book Club 10-12:30	14
19	20 Braille 10-11:30 (T)	21
26 Self-Care Day 10-12 (T)	27	28

Transports

Programs with available transportation are marked with a (T)

Weekly Programs

Tech Talks
September 5, 12, 19, and 26, 2-3:30

September 2024

Lehigh Valley Client Calendar

Sunday	Monday	Tuesday	Wednesday
1	2 Closed for Holiday	3	4
8	9	10 Women's Group 10-11 Crafters 11-1	11
15	16 Depression Grp 2-3	17 Apple Picking 10:30-1 (T)	18 iOS Workshop 11-1
22	23 Client Band 11-1 (T)	24 Art Museum 10-1 (T)	25
29	30 Depression Grp 2-3		

Lehigh Valley Programs - Continued

LV Sights for Hope Lions Club Meeting (T)

For club members and interested guests

Thursday, September 26, 12-1:30 p.m.

Visit SightsforHope.org/LVLionsClub for details.

Monroe Programs

Programs are held at Sights for Hope's Monroe Services Center unless otherwise noted. **Programs that offer transportation are marked with a (T).**

Tech Talks

Thursday, September 5, 12, 19, and 26, 2-3:30 p.m.

Held Virtually. Go to SightsforHope.org/Events for details.

Monroe Client Support Group (T)

Monday, September 9, 10-11:30 a.m.

Call Lisa DePietro at 570.992.7787, Ext. 224, to register.

Shopping at the Crossings with United Way (T)

Enhance your fall wardrobe and serve as Sights for Hope's best ambassadors during the Pocono Mountains United Way's Day of Caring. United Way volunteers will help you shop as you share how Sights for Hope has impacted your life. Lunch is in the food court.

Wednesday, September 11, 10 a.m.-1 p.m.; meet at the food court Crossings Premium Outlets, 1000 Premium Outlets Drive, Tannersville, PA

Call Lisa DePietro at 570.992.7787, Ext. 224, to register.

Monroe Programs - Continued

Client Book Club Meeting

Book: *Remarkably Bright Creatures* by Shelby Van Pelt

Friday, September 13, 10 a.m.-12:30 p.m.

By phone at 1.848.777.1212, passcode 219-9686#

Call Jennifer Pandolfo at 570.992.7787, Ext. 222, or Rita Lang at 610.433.6018, Ext. 225, to register.

Visit to L'Eredita di Favale Alpaca Farm (T)

Get up close with real alpacas. Feel free to bring a bag of baby carrots to feed them. Please note that there is a store on the farm.

Tuesday, September 17, 11 a.m.-1 p.m.; rain date September 24

L'Eredita di Favale Alpaca Farm, 299 Brick Church Road, Saylorsburg, PA

Call Lisa DePietro at 570.992.7787, Ext. 224, to register.

Living through Depression Support Group Meetings

Monday, September 16, 2-3 p.m., and Monday, September 30, 2-3 p.m.

Held by phone at 1.848.777.1212, passcode 219-9686#

Call Jennifer Pandolfo at 570.992.7787, Ext. 222, or Rita Lang at 610.433.6018, Ext. 225, to register.

Beginner Braille Class (T)

Friday, September 20, 10-11:30 a.m.

Call Lisa DePietro at 570.992.7787, Ext. 224, to register.

Client Band Jam Session (T)

Practice for members of Sights for Hope's client band, Limitless.

Monday, September 23, 11 a.m.-1 p.m.; subject to change

Call Lisa DePietro at 570.992.7787, Ext. 224, to register.

Monroe Programs

Self-Care Day (T)

Get a free haircut and nail treatments at this semi-annual program.

Thursday, September 26, 10 a.m.-12 p.m.

Call Lisa DePietro at 570.992.7787, Ext. 224, to register.

NuVisions Client Group Activity (T)

Learn how to pick a Medicare provider.

Monday, September 30, 10:30 a.m.-12:30 p.m.

Call Jennifer Pandolfo at 570.992.7787, Ext. 222, to register.

Monroe Sights for Hope Lions Club Meeting (T)

For club members and interested guests. Please bring lunch or money to order.

Monday, September 30, 1-2 p.m.

Visit SightsforHope.org/MonroeLionsClub for details.



FREE MATTER FOR
THE BLIND OR
PHYSICALLY
HANDICAPPED
Post Manual Part 138

Client Bulletin

This bulletin is a public service
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