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Client Bulletin

**September 2024 | Volume 14, Issue 3.1**

## Program Listings

Lehigh Valley: Pages 2-4, and 9

Monroe: Pages 9-11

## Pullout Calendars

Lehigh Valley: Pages 5 and 8

Monroe: Pages 6-7

**How to Schedule Transportation**

Call Monday-Friday from 8:30 a.m.-4:30 p.m.

**Lehigh Valley**

Call Brian Schell, 610.433.6018, Ext. 226

**Monroe County**

Call Lisa DePietro, 570.992.7787, Ext. 224

Programs are held at Sights for Hope’s Lehigh Valley Services Center unless otherwise noted. **Programs that offer transportation are marked with a (T).**

#### Mall Walks (T)

Wednesdays, September 4, 11, 18, and 25, 9-10:30 a.m. South Mall, 3300 Lehigh St., Allentown, PA

#### Lehigh Valley Client Support Group (T)

Thursday, September 5, 10-11:30 a.m.

Call Rita Lang at 610.433.6018, Ext. 225, to register.

#### Tech Talks

Thursday, September 5, 12, 19, and 26, 2-3:30 p.m.

Held Virtually. Go to SightsforHope.org/Events for details.

#### Women’s Client Support Group

Tuesday, September 10, 10-11 a.m.

Call Rita Lang at 610.433.6018, Ext. 225, to register.

#### Crafters Corner Activity

Tuesday, September 10, 11 a.m.-1 p.m.

Call Rita Lang at 610.433.6018, Ext. 225, to register.

#### Client Book Club Meeting

Book: *Remarkably Bright Creatures* by Shelby Van Pelt Friday, September 13, 10 a.m.-12:30 p.m.

By phone at 1.848.777.1212, passcode 219-9686#

Call Jennifer Pandolfo at 570.992.7787, Ext. 222, or Rita Lang at 610.433.6018, Ext. 225, to register.

#### Greater LV Chapter-Nat. Federation of the Blind Meeting

Saturday, September 14, 10 a.m.-12 p.m.

Denny’s Restaurant, 1871 Catasauqua Road, Allentown, PA Call Cheryl Frazier at 610.802.3050 for details.

#### Lehigh Valley Council of the Blind Meeting

This is an extended lunch meeting. Please bring a lunch. Saturday, September 14, 10 a.m.-1 p.m.

Good Shepherd Empowerment Center, 3200 Center Valley

Parkway, first floor, Center Valley, PA

Write to LVCB1993@gmail.com for details.

#### Living through Depression Support Group Meetings

Monday, September 16, 2-3 p.m., and Monday, September 30,

2-3 p.m.

Held by phone at 1.848.777.1212, passcode 219-9686#

Call Jennifer Pandolfo at 570.992.7787, Ext. 222, or Rita Lang at 610.433.6018, Ext. 225, to register.

#### Apple Picking (T)

Join us for a fun day of apple picking at Pappy’s Orchard and Lisa’s Kitchen.

Tuesday, September 17, 10:30 a.m.-1 p.m.

Pappy’s Orchard, 2576 Cassel Road, Coopersburg, PA Call Rita Lang at 610.433.6018, Ext. 225, to register.

#### iOS Device Workshop

Wednesday, September 18, 11 a.m.-1 p.m.

Call Rita Lang at 610.433.6018, Ext. 225, to register.

**Shopping at Lehigh Valley Mall with United Way (T)** Enhance your fall wardrobe and serve as Sights for Hope’s best ambassadors during United Way of the Greater Lehigh Valley’s Day of Caring. United Way volunteers will help you shop as you share how Sights for Hope has impacted your life. Lunch is on your own.

Thursday, September 19, 11 a.m.-2 p.m.

Lehigh Valley Mall, 250 Lehigh Valley Mall, Whitehall, PA Call Rita Lang at 610.433.6018, Ext. 225, to register.

#### Client Band Jam Session (T)

Practice for members of Sights for Hope’s client band, Limitless. Monday, September 23, 11 a.m.-1 p.m.; subject to change Monroe Services Center, 4215 Manor Drive, Stroudsburg, PA Call Rita Lang at 610.433.6018, Ext. 225, to register.

#### Visit to the Allentown Art Museum (T)

Enjoy an audio-described tour of select pieces. Please bring money for lunch.

Tuesday, September 24, 10 a.m.-1 p.m.

Allentown Art Museum, 31 North Fifth St., Allentown, PA Call Rita Lang at 610.433.6018, Ext. 225, to register.

#### Visionaries Client Group Activity (T)

For all Lehigh Valley clients. Learn about Tech Owl and the

PA Assistive Technology Foundation (PATF). Please bring a lunch or money to order.

Thursday, September 26, 10 a.m.-12 p.m.

Call Rita Lang at 610.433.6018, Ext. 225, to register.

**Descriptions Continue on Page 9**

## Lehigh Valley Client Calendar

## Transports

|  |  |  |
| --- | --- | --- |
| **Thursday** | **Friday** | **Saturday** |
| **5****Lehigh Vly Group****10-11:30 (T)** | **6** | **7** |
| **12** | **13****Book Club 10-12:30** | **14 GLVNFB****10-12****LVCB 10-1** |
| **19****LV Mall/ United Way 11-2 (T)** | **20** | **21** |
| **26Visionaries****10-12 (T)****LV Lions 12-1:30 (T)** | **27** | **28** |
|  |  |  |

**Programs with available transportation are marked with a (T)**

## Weekly Programs

### Mall Walks

September 4,

11, 18, and 25,

9-10:30 (T)

### Tech Talks

September 5,

12, 19, and

26, 2-3:30

|  |  |  |  |
| --- | --- | --- | --- |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** |
| **1** | **2****Closed for Holiday** | **3** | **4** |
| **8** | **9****Monroe Group****10-11:30 (T)** | **10** | **11****Crossings/ United Way 10-1 (T)** |
| **15** | **16****Depression Grp 2-3** | **17****Alpaca Farm 11-1 (T)** | **18** |
| **22** | **23****Client Band 11-1 (T)** | **24** | **25** |
| **29** | **30 NuVisions****and Lions****10:30-2 (T)****Depression Grp 2-3** |  |  |

## Transports

|  |  |  |
| --- | --- | --- |
| **Thursday** | **Friday** | **Saturday** |
| **5** | **6** | **7** |
| **12** | **13****Book Club 10-12:30** | **14** |
| **19** | **20****Braille****10-11:30 (T)** | **21** |
| **26****Self-Care Day 10-12 (T)** | **27** | **28** |
|  |  |  |

**Programs with**

**available**

**transportation are marked with a (T)**

## Weekly Programs

### Tech Talks

September 5,

12, 19, and

26, 2-3:30

## Lehigh Valley Client Calendar

|  |  |  |  |
| --- | --- | --- | --- |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** |
| **1** | **2****Closed for Holiday** | **3** | **4** |
| **8** | **9** | **10 Women’s****Group****10-11****Crafters 11-1** | **11** |
| **15** | **16****Depression Grp 2-3** | **17****Apple Picking 10:30-1 (T)** | **18****iOS Workshop 11-1** |
| **22** | **23****Client Band 11-1 (T)** | **24****Art Museum 10-1 (T)** | **25** |
| **29** | **30****Depression Grp 2-3** |  |  |

**LV Sights for Hope Lions Club Meeting (T)** For club members and interested guests Thursday, September 26, 12-1:30 p.m.

Visit SightsforHope.org/LVLionsClub for details.

# Monroe Programs

Programs are held at Sights for Hope’s Monroe Services Center unless otherwise noted. **Programs that offer transportation are marked with a (T).**

#### Tech Talks

Thursday, September 5, 12, 19, and 26, 2-3:30 p.m.

Held Virtually. Go to SightsforHope.org/Events for details.

#### Monroe Client Support Group (T)

Monday, September 9, 10-11:30 a.m.

Call Lisa DePietro at 570.992.7787, Ext. 224, to register.

#### Shopping at the Crossings with United Way (T)

Enhance your fall wardrobe and serve as Sights for Hope’s best ambassadors during the Pocono Mountains United Way’s

Day of Caring. United Way volunteers will help you shop as you share how Sights for Hope has impacted your life. Lunch is in the food court.

Wednesday, September 11, 10 a.m.-1 p.m.; meet at the food court Crossings Premium Outlets, 1000 Premium Outlets Drive, Tannersville, PA

Call Lisa DePietro at 570.992.7787, Ext. 224, to register.

#### Client Book Club Meeting

Book: *Remarkably Bright Creatures* by Shelby Van Pelt Friday, September 13, 10 a.m.-12:30 p.m.

By phone at 1.848.777.1212, passcode 219-9686#

Call Jennifer Pandolfo at 570.992.7787, Ext. 222, or Rita Lang at 610.433.6018, Ext. 225, to register.

#### Visit to L’Eredita di Favale Alpaca Farm (T)

Get up close with real alpacas. Feel free to bring a bag of baby carrots to feed them. Please note that there is a store on the farm. Tuesday, September 17, 11 a.m.-1 p.m.; rain date September 24 L’Eredita di Favale Alpaca Farm, 299 Brick Church Road, Saylorsburg, PA

Call Lisa DePietro at 570.992.7787, Ext. 224, to register.

#### Living through Depression Support Group Meetings

Monday, September 16, 2-3 p.m., and Monday, September 30,

2-3 p.m.

Held by phone at 1.848.777.1212, passcode 219-9686#

Call Jennifer Pandolfo at 570.992.7787, Ext. 222, or Rita Lang at 610.433.6018, Ext. 225, to register.

#### Beginner Braille Class (T)

Friday, September 20, 10-11:30 a.m.

Call Lisa DePietro at 570.992.7787, Ext. 224, to register.

#### Client Band Jam Session (T)

Practice for members of Sights for Hope’s client band, Limitless. Monday, September 23, 11 a.m.-1 p.m.; subject to change

Call Lisa DePietro at 570.992.7787, Ext. 224, to register.

#### Self-Care Day (T)

Get a free haircut and nail treatments at this semi-annual program. Thursday, September 26, 10 a.m.-12 p.m.

Call Lisa DePietro at 570.992.7787, Ext. 224, to register.

#### NuVisions Client Group Activity (T)

Learn how to pick a Medicare provider. Monday, September 30, 10:30 a.m.-12:30 p.m.

Call Jennifer Pandolfo at 570.992.7787, Ext. 222, to register.

#### Monroe Sights for Hope Lions Club Meeting (T)

For club members and interested guests. Please bring lunch or money to order.

Monday, September 30, 1-2 p.m.

Visit SightsforHope.org/MonroeLionsClub for details.

**FREE MATTER FOR THE BLIND OR PHYSICALLY HANDICAPPED**

**Post Manual Part 138**

**Client Bulletin**

## This bulletin is a public service provided in part by



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