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Client Bulletin

**August 2024 | Volume 14, Issue 2.1**

## Program Listings

Lehigh Valley: Pages 3-4, and 9

Monroe: Pages 9-11

## Pullout Calendars

Lehigh Valley: Pages 5 and 8

Monroe: Pages 6-7

**How to Schedule Transportation**

Call Monday-Friday from 8:30 a.m.-4:30 p.m.

**Lehigh Valley**

Call Brian Schell, 610.433.6018, Ext. 226

**Monroe County**

Call Lisa DePietro, 570.992.7787, Ext. 224

Programs are held at Sights for Hope’s Lehigh Valley Services Center unless otherwise noted. **Programs that offer transportation are marked with a (T).**

#### Lehigh Valley Client Support Group (T)

Thursday, August 1, 10-11:30 a.m.

Call Rita Lang at 610.433.6018, Ext. 225, to register.

#### Tech Talks

Thursdays, August 1, 8, 15, and 22, 2-3:30 p.m.

Held Virtually. Go to SightsforHope.org/Events for details.

**Living through Depression Support Group Meetings** Monday, August 5, 2-3 p.m., and Monday, August 19, 2-3 p.m. Held by phone at 1.848.777.1212, passcode 219-9686#

Call Jennifer Pandolfo at 570.992.7787, Ext. 222, or Rita Lang at 610.433.6018, Ext. 225, to register.

#### Mall Walks (T)

Wednesdays, August 7, 14, 21, and 28, 9-10:30 a.m. South Mall, 3300 Lehigh St., Allentown, PA

#### Client Book Club Meeting

August’s Book: *The Book Hater’s Club* by Gretchen Anthony Friday, August 9, 10 a.m.-12:30 p.m.

By phone at 1.848.777.1212, passcode 219-9686#

Call Jennifer Pandolfo at 570.992.7787, Ext. 222, or Rita Lang at 610.433.6018, Ext. 225, to register.

#### Greater LV Chapter-Nat. Federation of the Blind Meeting

Saturday, August 10, 10 a.m.-12 p.m.

Denny’s Restaurant, 1871 Catasauqua Road, Allentown, PA Call Cheryl Frazier at 610.802.3050 for details.

#### Women’s Client Support Group

Tuesday, August 13, 10-11 a.m.

Call Rita Lang at 610.433.6018, Ext. 225, to register.

#### Crafters Corner Activity

Tuesday, August 13, 11 a.m.-1 p.m.

Call Rita Lang at 610.433.6018, Ext. 225, to register.

#### Daily Living Around the House (T)

Learn tips and techniques for activities of daily living. Thursday, August 15, 10-11:30 a.m.

Call Rita Lang at 610.433.6018, Ext. 225, to register.

#### Dominoes and Other Fun Games (T)

Monday, August 19, 10-11:30 a.m.

Call Rita Lang at 610.433.6018, Ext. 225, to register.

**LV Sights for Hope Lions Club Meeting (T)** For club members and interested guests Thursday, August 22, 10-11:30 a.m.

Visit SightsforHope.org/LVLionsClub for details.

#### Client Band Jam Session (T)

Practice for members of Sights for Hope’s client band, Limitless. Monday, August 26, 11 a.m.-1 p.m.; subject to change

Monroe Services Center, 4215 Manor Drive, Stroudsburg, PA Call Rita Lang at 610.433.6018, Ext. 225, to register.

#### Visionaries Client Group Picnic (T)

Please sign up and bring a covered dish. Sights for Hope will provide hamburgers, hot dogs, and drinks.

Thursday, August 29, 11 a.m.-2 p.m.

Louise Moore Park, 151 Country Club Road, Pavilion 4, Easton, PA

Call Rita Lang at 610.433.6018, Ext. 225, to register.

#### LV Council of the Blind (LVCB) Picnic

The council will hold its annual summer picnic. Saturday, August 31, 11 a.m.-2 p.m.

Louise Moore Park, 151 Country Club Road, Pavilion 4, Easton, PA

**Descriptions Continue on Page 9**

## **Lehigh Valley** Client Calendar

## Transports

|  |  |  |
| --- | --- | --- |
| **Thursday** | **Friday** | **Saturday** |
| **1****Lehigh Vly Group****10-11:30 (T)** | **2** | **3** |
| **8** | **9****Book Club 10-12:30** | **10****GLVNFB 10-12** |
| **15****Daily Living 10-11:30 (T)** | **16** | **17** |
| **22****Lions Club 10-11:30** | **23** | **24** |
| **29****Picnic 11-2 (T)** | **30** | **31****LVCB Picnic 11-2** |

**Programs with available transportation are marked with a (T)**

## Weekly Programs

### Mall Walks

August 7,14,

21, and 28,

9-10:30 (T)

### Tech Talks

August 1, 8,

15, and 22,

2-3:30

|  |  |  |  |
| --- | --- | --- | --- |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** |
|  |  |  |  |
| **4** | **5 Monroe****Group****10-11:30 (T)****Depression Grp 2-3** | **6** | **7** |
| **11** | **12** | **13** | **14** |
| **18** | **19****Depression Grp 2-3** | **20** | **21** |
| **25** | **26****Client Band 11-1 (T)** | **27****Winery 11-2 (T)** | **28** |

## Transports

|  |  |  |
| --- | --- | --- |
| **Thursday** | **Friday** | **Saturday** |
| **1** | **2** | **3** |
| **8** | **9****Book Club 10-12:30** | **10** |
| **15****Picnic (T) 11-2** | **16****Braille (T) 11-2** | **17** |
| **22** | **23** | **24** |
| **29** | **30 NuVisions****10:30-12:30****(T)****Monroe Lions 1-2 (T)** | **31** |

**Programs with**

**available**

**transportation are marked with a (T)**

## Weekly Programs

### Tech Talks

August 1, 8,

15, and 22,

2-3:30

## **Lehigh Valley** Client Calendar

|  |  |  |  |
| --- | --- | --- | --- |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** |
|  |  |  |  |
| **4** | **5****Depression Grp 2-3** | **6** | **7** |
| **11** | **12** | **13 Women’s****Group****10-11****Crafters 11-1** | **14** |
| **18** | **19Dominoes****10-1130 (T)****Depression Grp 2-3** | **20** | **21** |
| **25** | **26****Client Band 11-1 (T)** | **27** | **28** |

Programs are held at Sights for Hope’s Monroe Services Center unless otherwise noted. **Programs that offer transportation are marked with a (T).**

#### Tech Talks

Thursdays, August 1, 8, 15, and 22, 2-3:30 p.m.

Held Virtually. Go to SightsforHope.org/Events for details.

#### Monroe Client Support Group (T)

Monday, August 5, 10-11:30 a.m.

Call Lisa DePietro at 570.992.7787, Ext. 224, to register.

**Living through Depression Support Group Meetings** Monday, August 5, 2-3 p.m., and Monday, August 19, 2-3 p.m. Held by phone at 1.848.777.1212, passcode 219-9686#

Call Jennifer Pandolfo at 570.992.7787, Ext. 222, or Rita Lang at 610.433.6018, Ext. 225, to register.

#### Client Book Club Meeting

August’s Book: *The Book Hater’s Club* by Gretchen Anthony Friday, August 9, 10 a.m.-12:30 p.m.

By phone at 1.848.777.1212, passcode 219-9686#

Call Jennifer Pandolfo at 570.992.7787, Ext. 222, or Rita Lang at 610.433.6018, Ext. 225, to register.

#### Annual Monroe Client Picnic (T)

Enjoy friends and fun. Bring a side dish or dessert. Thursday, August 15, 11 a.m.-2 p.m.; rain date August 22 White Heron Lake, East Stroudsburg, PA

Call Lisa DePietro at 570.992.7787, Ext. 224, to register.

#### Beginner Braille Class (T)

Friday, August 16, 10-11:30 a.m.

Call Lisa DePietro at 570.992.7787, Ext. 224, to register.

#### Client Band Jam Session (T)

Practice for members of Sights for Hope’s client band, Limitless. Monday, August 26, 11 a.m.-1 p.m.; subject to change

Call Lisa DePietro at 570.992.7787, Ext. 224, to register.

#### Visit to Blue Ridge Estate Vineyard and Winery (T)

Enjoy some delicious wine and an outdoor retreat. Please bring

$15 for the wine tasting and money for lunch. Tuesday, August 27, 11 a.m.-2 p.m.

Blue Ridge Estate Vineyard and Winery, 239 Blue Ridge Road, Saylorsburg, PA

Call Lisa DePietro at 570.992.7787, Ext. 224, to register.

#### NuVisions Client Group Activity (T)

Learn about wills from attorneys from North Penn Legal Services. Friday, August 30, 10:30 a.m.-12:30 p.m.

Call Jennifer Pandolfo at 570.992.7787, Ext. 222, to register.

#### Monroe Sights for Hope Lions Club Meeting (T)

For club members and interested guests. Please bring lunch or money to order.

Friday, August 30, 1-2 p.m.

Visit SightsforHope.org/MonroeLionsClub for details.

# Lehigh Valley Staff Directory

### Main Number 610.433.6018

Dennis Zehner, Executive Director and CEO, Ext. 241 Jennifer Pandolfo, Associate Director/Dir. of Services, Ext. 223 Elise Yardley, Advancement Manager, Ext. 232

Rita Lang, Client Activities Manager, Ext. 225

Dianne Michels, Vision Rehabilitation Therapist, Ext. 230 Enid Cruz, Client Services Assistant, Ext. 240

Erin Hahn, Client Caseworker, Ext. 231 Sarah Madden, Client Caseworker, Ext. 246 Erica Vibert, Client Caseworker, Ext. 227

Kim Williams, Low Vision Care Coordinator, Ext. 224 Brian Schell, Transport Coordinator, Ext. 226

Ariana Ingstad, Prevention Specialist, Ext. 248 Colleen Rountree, Prevention Specialist, Ext. 245

# Monroe Staff Directory

### Main Number 570.992.7787

Jennifer Pandolfo, Associate Director/Dir. of Services, Ext. 222 Yvette Quintero, Lead Client Caseworker, Ext. 221

Melinda Weston, Client Caseworker, Ext. 228 Cheryl Miller, Low Vision Care Coordinator, Ext. 229 Lisa DePietro, Transport Coordinator, Ext. 224 Angela Hill, Prevention Specialist, Ext. 223

**FREE MATTER FOR THE BLIND OR PHYSICALLY HANDICAPPED**

**Post Manual Part 138**

**Client Bulletin**

## This bulletin is a public service provided in part by



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