



Client Bulletin

April 2024 | Volume 13, Issue 10.1

This bulletin lists Sights for Hope's life skills education classes, peer support groups, and activities for its clients in the Lehigh Valley and Monroe County.

Large-Print Pullout Calendars

- ▶ **Lehigh Valley:** Pages 9 and 12
- ▶ **Monroe:** Pages 10-11

Designed to be pulled apart and displayed

Lehigh Valley Services Center

845 West Wyoming St., Allentown, PA 18103
610.433.6018

Monroe Services Center

4215 Manor Drive, Stroudsburg, PA 18360
570.992.7787

United Way of the
Greater Lehigh Valley



Pocono Mountains
United Way



Choose How You Receive Your Client Bulletin

You can choose how you receive this bulletin. Your choices are listed below.

- Receive it in the postal mail in large print
- Receive it in the postal mail in extra-large print
- Receive it in the postal mail as a braille document
- Receive it as an audio file on a USB drive
- Receive it as an email message
- Download it in Word or PDF formats at **SightsforHope.org/Bulletins**
- Listen to it online at **SightsforHope.org/Bulletins**

Please contact your caseworker if you want to change the way you receive the bulletin.

How to Schedule Transportation

Call one of our transport coordinators Monday-Friday from 8:30 a.m.-4:30 p.m. to schedule a ride.

Lehigh Valley

Brian Schell, 610.433.6018, Ext. 226

Monroe County

Lisa DePietro, 570.992.7787, Ext. 224

► What's Exciting

Sights for Hope to be Closed for Afternoon on April 18

Sights for Hope will close at 11:30 a.m. on Thursday, April 18, as the organization holds its annual Team Appreciation Luncheon. Services will not be available that afternoon.



New Beginner Braille Class to form in the Lehigh Valley

Sights for Hope is looking to form a new beginner Braille class for its Lehigh Valley clients. Interested clients should call Rita Lang at 610.433.6018, Ext. 225.



Clients Have Options for Buying LANTAVan Tickets

Sights for Hope clients have different options for buying LANTAVan tickets. Clients can purchase them from Sights for Hope directly by calling Nancy Cobb at 610.433.6018, Ext. 242. Clients also can set up their own LANTAVan EcoPay account to pay for rides in advance by calling LANTA at 610.435.4517, Ext.156. Clients also can get assistance in signing up from their caseworkers.

Beacon Lodge Camp to be Held July 13-23; Bus Seats Available

Registration for the 2024 Lions Beacon Lodge camp for adults with visual impairments has begun. This year's camp will be held from Saturday, July 13, through Tuesday, July 23. Interested Sights for Hope clients should ask their caseworkers for more information. Bus reservations for this camp also are available. Interested clients should send a check for \$80, payable to Springfield Lions Club, by July 6 to:

John Anderson
1829 East Madison St.
Philadelphia, PA 19134
Phone 215.410.8524

▶ Program Descriptions

Monroe Client Group Meeting

Facilitated by James Van Horn.

- Who Can Participate: **Monroe clients**
- Date and Time: **Monday, April 1, 10-11:30 a.m.**
- Location: **Monroe Services Center**
- Registration: **Lisa DePietro at 570.992.7787, Ext. 224**
- Who Can Schedule Transportation: **Monroe clients**

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Depression Support Group Meetings

Facilitated by Dianne Michels.

- Who Can Participate: **All clients**
- Date and Time: **Monday, April 1, and Monday, April 15, 11 a.m.-12 p.m.**
- Location: **Phone conference 1.848.777.1212, passcode 219-9686#**
- Registration: **Jennifer Pandolfo at 570.992.7787, Ext. 222, or Rita Lang at 610.433.6018, Ext. 225**

Mall Walks

- Who Can Participate: **All clients**
- Dates and Times: **Wednesdays, April 3, 10, 17, and 24, 9-10:30 a.m.**
- Location: **South Mall, 3300 Lehigh St., Allentown, PA**
- Who Can Schedule Transportation: **Lehigh Valley clients**



Lehigh Valley Client Group Meeting

Facilitated by James Van Horn.

- Who Can Participate: **Lehigh Valley clients**
- Date and Time: **Thursday, April 4, 10-11:30 a.m.**
- Location: **Lehigh Valley Services Center**
- Registration: **Rita Lang at 610.433.6018, Ext. 225**
- Who Can Schedule Transportation: **Lehigh Valley clients**



Tech Talks

Please note that there will be no session on April 18.

- Who Can Participate: **All clients**
- Dates and Times: **Thursdays, April 4, 11, and 25, 2-3:30 p.m.**
- Virtual Connections: **Go to SightsforHope.org/Events**

Women's Client Group Meeting

- Who Can Participate: **All female clients**
- Date and Time: **Tuesday, April 9, 10-11 a.m.**
- Location: **Lehigh Valley Services Center**
- Registration: **Rita Lang at 610.433.6018, Ext. 225**
- Who Can Schedule Transportation: **Not available**
- Virtual Connections: **Go to SightsforHope.org/Events**



Crafters Corner Activity

- Who Can Participate: **All clients**
- Date and Time: **Tuesday, April 9, 11 a.m.-1 p.m.**
- Location: **Lehigh Valley Services Center**
- Registration: **Rita Lang at 610.433.6018, Ext. 225**
- Who Can Schedule Transportation: **Not available**



Swimming at Shawnee Inn

Bring a towel and enjoy a relaxing swim with your fellow clients. Swim at your own risk.

- Who Can Participate: **All clients**
- Date and Time: **Tuesday, April 9, 10 a.m.-12 p.m.**
- Location: **Shawnee Inn, 100 Shawnee Inn Drive, Shawnee on Delaware, PA**
- Registration: **Lisa DePietro at 570.992.7787, Ext. 224**
- Who Can Schedule Transportation: **Monroe clients**

Spring Into Sewing

Explore adaptive techniques for sewing. Facilitated by Dianne Michels. Please bring a lunch or money to order.

- Who Can Participate: **All clients**
- Date and Time: **Thursday, April 11, 10 a.m.-1 p.m.**
- Location: **Lehigh Valley Services Center**
- Registration: **Rita Lang at 610.433.6018, Ext. 225**
- Who Can Schedule Transportation: **Lehigh Valley clients**

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Monroe Spring Fling

Enjoy this year's annual luncheon at Laurel Lake Café. The \$20 price includes soup, salad, a choice between chicken or fish, dessert, and tip. RSVP is required by Thursday, April 4.

- Who Can Participate: **All clients**
- Date and Time: **Thursday, April 11, 10 a.m.-1 p.m.**
- Location: **Laurel Lake Café, 194 Laurel Lake Road Bartonville PA**
- Registration: **Lisa DePietro at 570.992.7787, Ext. 224**
- Who Can Schedule Transportation: **Monroe clients**

▶ **Descriptions Continue on Page 13**

April 2024

Lehigh Valley Client Calendar

| Thursday | Friday | Saturday |
|---|---|------------------------------|
| 4 Lehigh Vly Group 10-11:30 (T) | 5 | 6 |
| 11 Spring Into Sewing 10-1 (T) | 12 Book Club 10-12:30 | 13 GLVNFB 10-12 |
| 18 Closing at 11:30 | 19 Farmers Market 11-1:30 (T) | 20 LVCB 10-12 |
| 25 Visionaries 10-12 (T) LV Lions 12-1:30 (T) | 26 | 27 |
| | | |

► Transports

Programs with available transportation are marked with a (T)

► Weekly Programs

Mall Walks

April 3, 10, 17, and 24, 9-10:30 (T)

Tech Talks

April 4, 11, and 25, 2-3:30

April 2024

Monroe Client Calendar

| Sunday | Monday | Tuesday | Wednesday |
|-----------|--|--|---------------------------------------|
| | 1 Monroe Group 10-11:30 (T) Depression Grp 11-12 | 2 | 3 |
| 7 | 8 | 9 Swimming at Shawnee 10-12 (T) | 10 |
| 14 | 15 Depression Grp 11-12 | 16 | 17 Swap Meet 10:30-1 (T) |
| 21 | 22 Band 11-1 (T) | 23 | 24 |
| 28 | 29 | 30 NuVisions 10:30-12:30 (T) Monroe Lions 1-2 (T) | |

April 2024

Monroe Client Calendar

| Thursday | Friday | Saturday |
|--|------------------------------------|-----------|
| 4 | 5 | 6 |
| 11 Spring Fling 10-1 (T) | 12 Book Club 10-12:30 | 13 |
| 18 Closing at 11:30 | 19 | 20 |
| 25 | 26 | 27 |
| | | |

► Transports

Programs with available transportation are marked with a (T)

► Weekly Programs

Tech Talks

April 4, 11, and 25, 2-3:30

April 2024

Lehigh Valley Client Calendar

| Sunday | Monday | Tuesday | Wednesday |
|-----------|--|--|----------------------------------|
| | 1 Depression Grp 11-12 | 2 | 3 |
| 7 | 8 | 9 Women's Group 10-11 Crafters 11-1 | 10 |
| 14 | 15 Depression Grp 11-12 | 16 | 17 iOS Devices 11-1 |
| 21 | 22 Dominoes 10-11:30 (T) Band 11-1 (T) | 23 | 24 |
| 28 | 29 | 30 | |

▶ Program Descriptions

Client Book Club Meeting

The April selection is *A Man Called Ove* by Frederick Blackman. Please read or listen to the book in advance and be ready to discuss it.

- Who Can Participate: **All clients**
- Date and Time: **Friday, April 12, 10 a.m.-12:30 p.m.**
- Location: **Phone conference 1.848.777.1212, passcode 219-9686#**
- Registration: **Jennifer Pandolfo at 570.992.7787, Ext. 222, or Rita Lang at 610.433.6018, Ext. 225**

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Greater LV Chapter - National Federation of the Blind (GLVNFB) Meeting

- Date and Time: **Saturday, April 13, 10 a.m.-12 p.m.**
- Location: **Denny's Restaurant, 1871 Catasauqua Road, Allentown, PA**
- Additional Details: **Call Cheryl Frazier at 610.802.3050**

iOS Device Workshop

Learn about the iPhone and iPad. Please bring a lunch or money to order.

- Who Can Participate: **All clients**
- Date and Time: **Wednesday, April 17, 11 a.m.-1 p.m.**
- Location: **Lehigh Valley Services Center**
- Registration: **Rita Lang at 610.433.6018, Ext. 225**
- Who Can Schedule Transportation: **Not available**



Low Vision Device Swap Meet

Bring in your old low vision assistive devices and swap them out for new ones.

- Who Can Participate: **All clients**
- Date and Time: **Wednesday, April 17, 10:30 a.m.-1 p.m.**
- Location: **Monroe Services Center**
- Registration: **Lisa DePietro at 570.992.7787, Ext. 224**
- Who Can Schedule Transportation: **Monroe clients**

Visit to Allentown Farmers Market

Enjoy purchasing farm fresh foods and other interesting items from local vendors. Sights for Hope will provide sighted guide volunteers. Please bring money for shopping and lunch.

- Who Can Participate: **All clients**
- Date and Time: **Friday, April 19, 11 a.m.-1:30 p.m.**
- Location: **Allentown Farmers Market, 1825 West Chew St., Allentown, PA**
- Registration: **Rita Lang at 610.433.6018, Ext. 225**
- Who Can Schedule Transportation: **Lehigh Valley clients**

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LV Council of the Blind (LVCB) Meeting

- Who Can Participate: **LVCB members**
- Date and Time: **Saturday, April 20, 10 a.m.-12 p.m.**
- Location: **Lehigh Valley Services Center**
- Additional Details: **Write to LVCB1993@gmail.com**

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Dominoes for Spanish-Speaking Clients

- Who Can Participate: **All Spanish-speaking clients**
- Date and Time: **Monday, April 22, 10-11:30 a.m.**
- Location: **Lehigh Valley Services Center**
- Registration: **Sarah Madden at 610.433.6018, Ext. 246**
- Who Can Schedule Transportation: **Lehigh Valley clients**

Client Band Jam Session

- Who Can Participate: **Members of the Sights for Hope client band**
- Date and Time: **Monday, April 22, 11 a.m.-1 p.m.; subject to change**
- Location: **Monroe Services Center**
- Registration: **Rita Lang at 610.433.6018, Ext. 225**
- Who Can Schedule Transportation: **All clients**

Musicians Wanted for Client Band

The client band is looking for a keyboard player and a bass player. Interested clients should call Rita Lang.



Visionaries Client Group Activity

Explore exercises for developing balance and maintaining posture when living with low vision. This activity is organized by the Visionaries client group but is open to all Lehigh Valley clients. Please bring a lunch or money to order.

- Who Can Participate: **Lehigh Valley clients**
- Date and Time: **Thursday, April 25, 10 a.m.-12 p.m.**
- Location: **Lehigh Valley Services Center**
- Who Can Schedule Transportation: **Lehigh Valley clients**

LV Sights for Hope Lions Club Meeting

The Lehigh Valley Sights for Hope Lions Club will hold its monthly meeting. All clients who live in Lehigh and Northampton counties are welcome. Participants are encouraged to bring a lunch or money to order.

- Who Can Participate: **Lehigh Valley clients**
- Date and Time: **Thursday, April 25, 12-1:30 p.m.**
- Location: **Lehigh Valley Services Center**
- Who Can Schedule Transportation: **Lehigh Valley clients**
- Additional Details: **SightsforHope.org/LVLionsClub**



NuVisions Client Group Activity

The Pocono Mountain East High School Leo Club will share intergenerational music and technologies. This activity is organized by the NuVisions client group but is open to all Monroe clients.

- Who Can Participate: **Monroe clients**
- Date and Time: **Tuesday, April 30, 10:30 a.m.-12:30 p.m.**
- Location: **Monroe Services Center**
- Registration: **Jennifer Pandolfo at 570.992.7787, Ext. 222**
- Who Can Schedule Transportation: **Monroe clients**

Monroe Sights for Hope Lions Club Meeting

The Monroe Sights for Hope Lions Club will hold its monthly meeting. All clients who live in Monroe County are welcome. Participants are encouraged to bring a lunch or money to order.

- Who Can Participate: **Monroe clients**
- Date and Time: **Tuesday, April 30, 1-2 p.m.**
- Location: **Monroe Services Center**
- Registration: **Jennifer Pandolfo, 570.992.7787, Ext. 222**
- Who Can Schedule Transportation: **Monroe clients**
- Additional Details: **SightsforHope.org/MonroeLionsClub**

► **Lehigh Valley Staff Directory**

Main Number 610.433.6018

Dennis Zehner, Executive Director and CEO, Ext. 241

Jennifer Pandolfo, Associate Director/Dir. of Services, Ext. 223

Deirdre Federico Snyder, Director of Advancement, Ext. 244

Elise Yardley, Comm. Relations and Events Manager, Ext. 232

Nancy Cobb, Operations Manager, Ext. 242

Rita Lang, Client Activities Manager, Ext. 225

Dianne Michels, Vision Rehabilitation Therapist, Ext. 230

Enid Cruz, Client Services Assistant, Ext. 240

Erin Hahn, Client Caseworker, Ext. 231

Sarah Madden, Client Caseworker, Ext. 246

Erica Vibert, Client Caseworker, Ext. 227

Kim Williams, Low Vision Care Coordinator, Ext. 224

Brian Schell, Transport Coordinator, Ext. 226

Ariana Ingstad, Prevention Specialist, Ext. 248

Colleen Rountree, Prevention Specialist, Ext. 245

► **Monroe Staff Directory**

Main Number 570.992.7787

Jennifer Pandolfo, Associate Director/Dir. of Services, Ext. 222

Yvette Quintero, Lead Client Caseworker, Ext. 221

Melinda Weston, Client Caseworker, Ext. 228

Cheryl Miller, Low Vision Care Coordinator, Ext. 229

Lisa DePietro, Transport Coordinator, Ext. 224

Angela Hill, Prevention Specialist, Ext. 223



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