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Client Bulletin

###### April 2023 | Volume 12, Issue 10.1

This bulletin lists Sights for Hope’s life skills education programs, peer support groups, and activities for its clients in the Lehigh Valley and Monroe County.

##### Large-Print Pullout Calendars

* **Lehigh Valley:** Pages 9 and 12
* **Monroe:** Pages 10-11

Designed to be pulled apart and displayed

###### Lehigh Valley Services Center

845 West Wyoming St., Allentown, PA 18103

###### 610.433.6018

**Monroe Services Center**

4215 Manor Drive, Stroudsburg, PA 18360

**570.992.7787**



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* Receive it as an email message
* Download it in Word or PDF formats at

###### SightsforHope.org/Bulletins

* Listen to it online at **SightsforHope.org/Bulletins**

Please contact your caseworker if you want to change the way you receive the bulletin.

**How to Schedule Transportation**

Call one of our transport coordinators Monday-Friday from 8:30 a.m.-4:30 p.m. to schedule a ride.

**Lehigh Valley**

Brian Schell, 610.433.6018, Ext. 226

**Monroe County**

Lisa Metcalf, 570.992.7787, Ext. 224

* **What’s Exciting**

## Enid Cruz Joins Sights for Hope’s Client Services Team

Enid Cruz has joined Sights for Hope’s services team as its Client Services Assistant.



Enid, who served as a temporary Client Caseworker from

January-March, will serve as Sights for Hope’s initial point of contact for

potential clients. She also will assist caseworkers by performing functions such as client intakes and annual client service reviews.

Enid’s professional experiences include work as a teacher for the Elevation Child Care Center in Allentown; work as an in-home support worker for Access Services in Bethlehem; work as an employment counselor for what

##### Continued on Next Page

is now the Hispanic Center Lehigh Valley; and service as the Hispanic Community Coordinator for the Midway Manor Community Association. She is a graduate of Liberty High School in Bethlehem, PA, and has studied Special Education at Northampton Community College.

Lehigh Valley Client Caseworker Stephanie Guillen, for whom Enid was substituting, has returned to her position.

## Updated Information Provided for Beacon Lodge Transportation

Transportation information has been updated for this year’s Pennsylvania Lions Beacon Lodge camp. The bus will depart from the former Kmart store on Tilghman Street in Allentown on Saturday, July 15, and return on Tuesday, July 25.

The updated information is that interested clients should send a check by Wednesday, July 5, for $80, payable to Springfield Lions Club, by mail to:

John Anderson

1829 East Madison St. Philadelphia, PA 19134

Phone 215.410.8524

## Musicians Wanted for Client Band

The Sights for Hope client band is looking for a drummer and a bass player. Interested clients should call Rita Lang at



610.433.6018, Ext. 225.

## DeSales University to Present Two Audio-Described Performances

DeSales University will present an audio-described performance of The Wonderful Wizard of Oz on Saturday, April 1, at a 10 a.m. and of The Hunchback of Notre Dame on Saturday, May 6, at 2 p.m. Audio description or open captioning services can be reserved by calling the DeSales box office at 610.282.1100.

## Bilingual Support Group to be Held by Neighborhood Health Center

The Neighborhood Health Center of the Lehigh Valley at 160 Hamilton St. in Allentown, PA, hosts a bilingual support group for people with visual impairments.

Sessions are held on the first Wednesday of each month

from 3-4:30 p.m. Call 610.477.0105 for details.

### Life Skills Education Programs

##### Tech Talks

* + Who Can Participate: **All clients**
  + Dates and Times: **Thursdays, April 6, 13, 20, and 27,**

###### 2-3:30 p.m.

* + Virtual Connections: **Go to SightsforHope.org/Events**

#### Spring Salads

Create healthy spring salads with Dianne Michels.

* + Who Can Participate: **Lehigh Valley clients**
  + Date and Time: **Tuesday, April 18, 10:30 a.m.- 1 p.m.**
  + Location: **Lehigh Valley Services Center**
  + Registration: **Rita Lang at 610.433.6018, Ext. 225**
  + Who Can Schedule Transportation: **Lehigh Valley clients**
  + Virtual Connections: **Go to SightsforHope.org/Events**

### Life Skills Education Programs

#### iOS Device Workshop

Learn about the iPhone and iPad. Please bring a lunch or money to order.

* + Who Can Participate: **All clients**
  + Date and Time: **Wednesday, April 19, 11 a.m.- 1 p.m.**
  + Location: **Lehigh Valley Services Center**
  + Registration: **Rita Lang at 610.433.6018, Ext. 225**
  + Who Can Schedule Transportation: **Not available**
  + Virtual Connections: **Go to SightsforHope.org/Events**

### Peer Support Groups

##### Monroe Client Group

Facilitated by James Van Horn.

* + Who Can Participate: **Monroe clients**
  + Date and Time: **Monday, April 3, 10-11:30 a.m.**
  + Location**: Monroe Services Center**
  + Registration: **Lisa Metcalf at 570.992.7787, Ext. 224**
  + Who Can Schedule Transportation: **Monroe clients**
  + Virtual Connections: **Go to SightsforHope.org/Events**

### Peer Support Groups

##### Lehigh Valley Client Group

Facilitated by James Van Horn.

* + Who Can Participate: **Lehigh Valley clients**
  + Date and Time: **Thursday, April 6, 10-11:30 a.m.**
  + Location**: Lehigh Valley Services Center**
  + Registration: **Rita Lang at 610.433.6018, Ext. 225**
  + Who Can Schedule Transportation: **Lehigh Valley clients**
  + Virtual Connections: **Go to SightsforHope.org/Events**

##### Women’s Client Group

* + Who Can Participate: **All female clients**
  + Date and Time: **Tuesday, April 11, 10-11 a.m.**
  + Location**: Lehigh Valley Services Center**
  + Registration: **Rita Lang at 610.433.6018, Ext. 225**
  + Who Can Schedule Transportation: **Not available**
  + Virtual Connections: **Go to SightsforHope.org/Events**
* **Descriptions Continue on Page 13**

# **April 2023**

##### **Lehigh Valley** Client Calendar

|  |  |  |
| --- | --- | --- |
| **Thursday** | **Friday** | **Saturday** |
|  |  | **1** |
| **6**  **Lehigh Vly Group**  **10-11:30** | **7** | **8**  **GLVNFB Mtg 10-12** |
| **13** | **14** | **15**  **LVCB Mtg 10-12** |
| **20** | **21** | **22** |
| **27Visionaries**  **10:30-12:30**  **LV Lions 12:30-1:30** | **28** | **29** |

##### Want to Do More?

Most Monroe activities also are open to Lehigh Valley clients who can arrange their own rides.

Check out the descriptions for details.

* **Weekly Services Mall Walks**

April 5, 12,

19, and 26,

9-10:30

###### Tech Talks

April 6, 13,

20, and 27,

2-3:30

# **April 2023**

**Monroe Client Calendar**

|  |  |  |  |
| --- | --- | --- | --- |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** |
|  |  |  |  |
| **2** | **3**  **Monroe Group 10-11:30** | **4** | **5** |
| **9** | **10** | **11** | **12** |
| **16** | **17**  **Bowling and Pizza 11:30-2** | **18** | **19** |
| **23**  **30** | **24**  **Musicians 11-1** | **25**  **Spring Fling 12-2** | **26** |

# **April 2023**

##### **Monroe** Client Calendar

|  |  |  |
| --- | --- | --- |
| **Thursday** | **Friday** | **Saturday** |
|  |  | **1** |
| **6** | **7** | **8** |
| **13**  **Wind Chimes 10-11:30** | **14** | **15** |
| **20** | **21** | **22** |
| **27** | **28 NuVisions**  **10:30-12**  **Monroe Lions 1-2** | **29** |

##### Want to Do More?

Most Lehigh Valley activities also are open to Monroe clients who can arrange their own rides.

Check out the descriptions for details.

##### Weekly Services

**Tech Talks**

April 6, 13,

20, and 27,

2-3:30

# **April 2023**

**Lehigh Valley Client Calendar**

|  |  |  |  |
| --- | --- | --- | --- |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** |
|  |  |  |  |
| **2** | **3** | **4** | **5** |
| **9** | **10** | **11 Women’s**  **Group**  **10-11**  **Crafters 11-1** | **12** |
| **16** | **17** | **18**  **Salads 10:30-1** | **19**  **iOS Devices 11-1** |
| **23**  **30** | **24 Dominoes**  **10-11:30**  **Musicians 11-1** | **25** | **26** |

### Activities

##### Mall Walks

* + - Who Can Participate: **All clients**
    - Dates and Times: **Wednesdays, April 5, 12, 19, and 26,**

###### 9-10:30 a.m.

* + - Location: **South Mall, 3300 Lehigh St., Allentown, PA**
    - Who Can Schedule Transportation: **Lehigh Valley clients**

##### Crafters Corner Activity

* + - Who Can Participate: **All clients**
    - Date and Time: **Tuesday, April 11, 11 a.m.-1 p.m.**
    - Location: **Lehigh Valley Services Center**
    - Registration: **Rita Lang at 610.433.6018, Ext. 225**
    - Who Can Schedule Transportation: **Not available**

##### Wind Chime Craft Making

Create auditory art from clay pots.

* + - Who Can Participate: **All clients**
    - Date and Time: **Thursday, April 13, 10-11:30 a.m.**
    - Location: **Monroe Services Center**
    - Registration: **Lisa Metcalf at 570.992.7787, Ext. 224**
    - Who Can Schedule Transportation: **Not available**

### Activities

##### Bowling and Pizza in Wind Gap

Enjoy an afternoon of bowling and pizza in Wind Gap with your fellow clients. The cost for bowling is $3.00 per game plus the price of shoe rental.

* + - Who Can Participate: **All clients**
    - Date and Time: **Monday, April 17, 11:30 a.m.-2 p.m.**

###### Locations: Sal’s Pizza, 487 East Moorestown Road, Wind Gap, PA; and Blue Ridge Lanes, 505 East Moorestown Road, Wind Gap, PA

* + - Registration: **Lisa Metcalf at 570.992.7787, Ext. 224**
    - Who Can Schedule Transportation: **Not available**

##### Dominoes for Spanish-Speaking Clients

* Who Can Participate: **All Spanish-speaking clients**
* Date and Time: **Monday, April 24, 10-11:30 a.m.**
* Location: **Lehigh Valley Services Center**
* Registration: **Stephanie Guillen at 610.433.6018, Ext. 246**
* Who Can Schedule Transportation: **Lehigh Valley clients**

### Activities

##### Musician Jam Session

* + - Who Can Participate: **All clients who are musicians and/or vocalists**
    - Date and Time: **Monday, April 24, 11 a.m.-1 p.m.**
    - Location: **Monroe Services Center**
    - Who Can Schedule Transportation: **Lehigh Valley and Monroe clients**

##### NuVisions Spring Fling

This activity is organized by the NuVisions client group but is open to all clients. Come enjoy friendship and great food from Angel’s Cafe & Catering in Stroudsburg, PA. Friends and family members are welcome. The cost is

$23 per person.

* + - Who Can Participate: **All Monroe clients**
    - Date and Time: **Tuesday, April 25, 12-2 p.m.**
    - Location: **Monroe Services Center**

###### Registration: Jennifer Pandolfo at 570.992.7787, Ext. 223; or Lisa Metcalf at 570.992.7787, Ext. 224

* + - Who Can Schedule Transportation: **Monroe clients**

### Activities

##### Visionaries Client Group Activity

Make textured art with Michael Freeman and take part in the fourth of a six-part series on mindfulness. This activity is organized by the Visionaries client group but is open to all Lehigh Valley clients. Please note that the Lehigh Valley Sights for Hope Lions Club will meet after this activity.

* + - Who Can Participate: **All Lehigh Valley clients**
    - Date and Time: **Thursday, April 27, 10:30 a.m.- 12:30 p.m.**
    - Location: **Lehigh Valley Services Center**
    - Who Can Schedule Transportation: **Lehigh Valley clients**

##### NuVisions Client Group Activity

Corrine Belanger, O.D., from Stroudsburg Eye Specialists will discuss eye diseases and answer questions. This activity is organized by the NuVisions client group but is open to all Monroe clients.

* + - Who Can Participate: **All Monroe clients**
    - Date and Time: **Friday, April 28, 10:30 a.m.-12 p.m.**
    - Location: **Monroe Services Center**
    - Registration: **Jennifer Pandolfo at 570.992.7787, Ext. 223**
    - Who Can Schedule Transportation: **Monroe clients**

### Meetings

**LV Sights for Hope Lions Club Meeting** The Lehigh Valley Sights for Hope Lions Club will hold its monthly meeting. All clients who live in Lehigh and Northampton counties are welcome.

* + - Who Can Participate: **All Lehigh Valley clients**
    - Date and Time: **Thursday, April 27, 12:30-1:30 p.m.**
    - Location: **Lehigh Valley Services Center**
    - Additional Details: **SightsforHope.org/LVLionsClub**

**Monroe Sights for Hope Lions Club Meeting** The Monroe Sights for Hope Lions Club will hold its monthly meeting. All clients who live in Monroe County are welcome. Participants are encouraged to bring a lunch or

money to order.

* + - Who Can Participate: **All Monroe clients**
    - Date and Time: **Friday, April 28, 1-2 p.m.**
    - Location: **Monroe Services Center**
    - Registration: **Jennifer Pandolfo, 570.992.7787, Ext. 222**
    - Who Can Schedule Transportation: **Monroe clients**
    - Additional Details: **SightsforHope.org/MonroeLionsClub**

### Meetings

##### Greater LV Chapter - National Federation of the Blind (GLVNFB) Meeting

* + - Date and Time: **Saturday, April 8, 10 a.m.-12 p.m.**

###### Location: Denny’s Restaurant, 1871 Catasauqua Road, Allentown, PA

* + - Additional Details: **Call Kirk Hunger at 484.239.0741**

##### LV Council of the Blind (LVCB) Meeting

Please bring a lunch or money to order.

* + - Who Can Participate: **LVCB members**
    - Date and Time: **Saturday, April 15, 10 a.m.-12 p.m.**
    - Location: **Lehigh Valley Services Center**
    - Additional Details: **Write to** [**L**](mailto:LVCB1993@gmail.com)[**VCB1993@gmail.com**](mailto:VCB1993@gmail.com)

## Lehigh Valley Staff Directory

###### Main Number 610.433.6018

Dennis Zehner, Executive Director and CEO, Ext. 241 Jennifer Pandolfo, Associate Director/Dir. of Services, Ext. 223 Deirdre Federico Snyder, Director of Advancement, Ext. 244 Nancy Cobb, Operations Manager, Ext. 242

Rita Lang, Client Activities Manager, Ext. 225 Enid Cruz, Client Services Assistant, Ext. 240

Dianne Michels, Vision Rehabilitation Therapist, Ext. 230 Stephanie Guillen, Client Caseworker, Ext. 246

Erin Hahn, Client Caseworker, Ext. 231 Erica Vibert, Client Caseworker, Ext. 227

Kim Williams, Low Vision Care Coordinator, Ext. 224 Brian Schell, Transport Coordinator, Ext. 226

Ruthie Asmus, Prevention Specialist, Ext. 248 Colleen Rountree, Prevention Specialist, Ext. 245

## Monroe Staff Directory

###### Main Number 570.992.7787

Jennifer Pandolfo, Associate Director/Dir. of Services, Ext. 222 Yvette Quintero, Lead Client Caseworker, Ext. 221

Melinda Weston, Client Caseworker, Ext. 228 Cheryl Miller, Low Vision Care Coordinator, Ext. 229 Lisa Metcalf, Transport Coordinator, Ext. 224 Angela Hill, Prevention Specialist, Ext. 223

**FREE MATTER FOR THE BLIND OR PHYSICALLY HANDICAPPED**

**Post Manual Part 138**

**Client Bulletin**

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