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Client Bulletin

###### March 2023 | Volume 12, Issue 9.1

This bulletin lists Sights for Hope’s life skills education programs, peer support groups, and activities for its clients in the Lehigh Valley and Monroe County.

##### Large-Print Pullout Calendars

* **Lehigh Valley:** Pages 9 and 12
* **Monroe:** Pages 10-11

Designed to be pulled apart and displayed

###### Lehigh Valley Services Center

845 West Wyoming St., Allentown, PA 18103

###### 610.433.6018

**Monroe Services Center**

4215 Manor Drive, Stroudsburg, PA 18360

**570.992.7787**



## Choose How You Receive Your Client Bulletin

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* Download it in Word or PDF formats at

###### SightsforHope.org/Bulletins

* Listen to it online at **SightsforHope.org/Bulletins**

Please contact your caseworker if you want to change the way you receive the bulletin.

**How to Schedule Transportation**

Call one of our transport coordinators Monday-Friday from 8:30 a.m.-4:30 p.m. to schedule a ride.

**Lehigh Valley**

Brian Schell, 610.433.6018, Ext. 226

**Monroe County**

Lisa Metcalf, 570.992.7787, Ext. 224

* **What’s Exciting**

## Bakery Holds Fundraiser for Monroe Sights for Hope Lions Club

Tomblers Bakery in Easton, PA, is holding a fundraiser to benefit the Monroe Sights for Hope Lions Club.



The bakery is selling several items with proceeds benefiting the club. The items include breakfast pasties for

$4.50 each; various additional pasties (including beef, chicken, sausage, ham and cheese and veggie) for

$7.00 each; large shoofly pies for $7.50 each; apple dumplings for $4.50 each; and eight-inch cherry and apple pies for $13.00 each.

Order forms must be received at Sights for Hope’s Monroe Services Center by March 17, and the items can be picked up there on April 3. Interested clients should call Jennifer Pandolfo at 570.992.7787, Ext. 222.

## Transportation Available for this Summer’s Beacon Lodge Trip

Reservations for transportation to this year’s Pennsylvania Lions Beacon Lodge camp for adults are now available. The bus will depart from the former Kmart store on Tilghman Street in Allentown on Saturday, July 15, and return on Tuesday, July 25.

Interested clients should send a check for $70, payable

to Springfield Lions Club, by mail to:

John Anderson

1829 East Madison St. Philadelphia, PA 19134

Phone 215.410.8524

## Musicians Wanted for Client Band

The Sights for Hope client band is looking for a drummer and a bass player. Interested clients should call Rita Lang at 610.433.6018, Ext. 225.



### Life Skills Education Programs

##### Tech Talks

* + Who Can Participate: **All clients**
  + Dates and Times: **Thursdays, March 2, 9, 16, 23, and**

###### 30, 2-3:30 p.m.

* + Virtual Connections: **Go to SightsforHope.org/Events**

#### iOS Device Workshop

Learn about the iPhone and iPad. Please bring a lunch or money to order.

* + Who Can Participate: **All clients**
  + Date and Time: **Wednesday, March 15, 11 a.m.- 1 p.m.**
  + Location: **Lehigh Valley Services Center**
  + Registration: **Rita Lang at 610.433.6018, Ext. 225**
  + Who Can Schedule Transportation: **Not available**
  + Virtual Connections: **Go to SightsforHope.org/Events**

### Life Skills Education Programs

#### Adaptive Writing for Everyday Living

Learn techniques for writing lists, notes, and scheduled appointments. Facilitated by Dianne Michels.

* + Who Can Participate: **All clients**
  + Dates and Times: **Thursday, March 16, 10:30 a.m.- 1 p.m.**
  + Location: **Lehigh Valley Services Center**
  + Registration: **Rita Lang at 610.433.6018, Ext. 225**
  + Who Can Schedule Transportation: **Lehigh Valley clients**

#### Beginner Braille in Monroe

Our Beginner Braille program in Monroe County is taught by Sights for Hope client Jasmyn Polite.

* + Who Can Participate: **All clients**
  + Dates and Times: **Friday, March 17, 10:30 a.m.- 1 p.m.**
  + Location: **Monroe Services Center**
  + Registration: **Lisa Metcalf at 570.992.7787, Ext. 224**
  + Who Can Schedule Transportation: **Monroe clients**

### Peer Support Groups

##### Lehigh Valley Client Group

Facilitated by James Van Horn.

* + Who Can Participate: **Lehigh Valley clients**
  + Date and Time: **Thursday, March 2, 10-11:30 a.m.**
  + Location**: Lehigh Valley Services Center**
  + Registration: **Rita Lang at 610.433.6018, Ext. 225**
  + Who Can Schedule Transportation: **Lehigh Valley clients**
  + Virtual Connections: **Go to SightsforHope.org/Events**

##### Monroe Client Group

Facilitated by James Van Horn.

* + Who Can Participate: **Monroe clients**
  + Date and Time: **Monday, March 6, 10-11:30 a.m.**
  + Location**: Monroe Services Center**
  + Registration: **Lisa Metcalf at 570.992.7787, Ext. 224**
  + Who Can Schedule Transportation: **Monroe clients**
  + Virtual Connections: **Go to SightsforHope.org/Events**

### Peer Support Groups

##### Women’s Client Group

* + Who Can Participate: **All female clients**
  + Date and Time: **Tuesday, March 14, 10-11 a.m.**
  + Location**: Lehigh Valley Services Center**
  + Registration: **Rita Lang at 610.433.6018, Ext. 225**
  + Who Can Schedule Transportation: **Not available**
  + Virtual Connections: **Go to SightsforHope.org/Events**
* **Descriptions Continue on Page 13**

# March 2023

##### Lehigh Valley Client Calendar

|  |  |  |
| --- | --- | --- |
| **Thursday** | **Friday** | **Saturday** |
| **2**  **Lehigh Vly Group**  **10-11:30** | **3** | **4** |
| **9** | **10** | **11**  **GLVNFB Mtg 10-12** |
| **16**  **Adaptive Writing 10:30-1** | **17** | **18**  **LVCB Mtg 10-1** |
| **23**  **Dominoes 10-11:30** | **24** | **25** |
| **30Visionaries**  **10:30-12:30**  **LV Lions 12:30-1:30** | **31** |  |

##### Want to Do More?

Most Monroe activities also are open to Lehigh Valley clients who can arrange their own rides.

Check out the descriptions for details.

* **Weekly Services Mall Walks**

March 1, 8,

15, 22, and

29, 9-10:30

###### Tech Talks

March 2, 9

16, 23, and

30, 2-3:30

# March 2023

**Monroe Client Calendar**

|  |  |  |  |
| --- | --- | --- | --- |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** |
|  |  |  | **1** |
| **5** | **6**  **Monroe Group 10-11:30** | **7** | **8** |
| **12** | **13** | **14** | **15**  **Swimming 10-12** |
| **19** | **20** | **21**  **Accessible Movies**  **11-2** | **22** |
| **26** | **27**  **Musicians 11-1** | **28** | **29** |

# March 2023

##### Monroe Client Calendar

|  |  |  |
| --- | --- | --- |
| **Thursday** | **Friday** | **Saturday** |
| **2** | **3** | **4** |
| **9** | **10** | **11** |
| **16** | **17**  **Beginner Braille 10:30-1** | **18** |
| **23** | **24** | **25** |
| **30** | **31 NuVisions**  **10:30-12**  **Monroe Lions 1-2** |  |

##### Want to Do More?

Most Lehigh Valley activities also are open to Monroe clients who can arrange their own rides.

Check out the descriptions for details.

##### Weekly Services

**Tech Talks**

March 2, 9,

16, 23, and

30, 2-3:30

# March 2023

**Lehigh Valley Client Calendar**

|  |  |  |  |
| --- | --- | --- | --- |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** |
|  |  |  | **1** |
| **5** | **6** | **7** | **8** |
| **12** | **13** | **14Women’s**  **Group**  **10-11**  **Crafters 11-1** | **15**  **iOS Devices 11-1** |
| **19** | **20** | **21** | **22** |
| **26** | **27**  **Musicians 11-1** | **28** | **29** |

### Activities

##### Mall Walks

* + - Who Can Participate: **All clients**
    - Dates and Times: **Wednesdays, March 1, 8, 15, 22,**

###### and 29, 9-10:30 a.m.

* + - Location: **South Mall, 3300 Lehigh St., Allentown, PA**
    - Who Can Schedule Transportation: **Lehigh Valley clients**

##### Crafters Corner Activity

* + - Who Can Participate: **All clients**
    - Date and Time: **Tuesday, March 14, 11 a.m.-1 p.m.**
    - Location: **Lehigh Valley Services Center**
    - Registration: **Rita Lang at 610.433.6018, Ext. 225**
    - Who Can Schedule Transportation: **Not available**

### Activities

##### Swimming at Shawnee Inn and Resort - Rescheduled

Enjoy the pool and hot tub at the Shawnee Inn and Resort.

* + - Who Can Participate: **All Monroe clients**
    - Date and Time: **Tuesday, March 15, 10 a.m.-12 p.m.**

###### Location: Shawnee Inn, 100 Shawnee Inn Drive, Shawnee on Delaware, PA

* + - Who Can Schedule Transportation: **Monroe clients**

##### Accessible Movies

Learn about audio-described performances by hearing verbal descriptions of a movie in a stereo headset. The movies cost $6.00 and will be determined by availability.

* Who Can Participate: **All clients**
* Date and Time: **Tuesday, March 21, 11 a.m.-2 p.m.**

###### Location: Cinemark Theater, 160 Stroud Mall, Stroudsburg, PA

* Who Can Schedule Transportation: **Monroe clients**

### Activities

##### Dominoes for Spanish-Speaking Clients

* + - Who Can Participate: **All Spanish-speaking clients**
    - Date and Time: **Thursday, March 23, 10-11:30 a.m.**
    - Location: **Lehigh Valley Services Center**
    - Registration: **Enid Cruz at 610.433.6018, Ext. 246**
    - Who Can Schedule Transportation: **Lehigh Valley clients**

##### Musician Jam Session

* + - * Who Can Participate: **All clients who are musicians and/or vocalists**
      * Date and Time: **Monday, March 27, 11 a.m.-1 p.m.**
      * Location: **Monroe Services Center**
      * Who Can Schedule Transportation: **Lehigh Valley and Monroe clients**

### Activities

##### Visionaries Client Group Activity

The March activity is the third of a six-part series on mindfulness and a presentation on accessible transportation. This activity is organized by the Visionaries client group but is open to all Lehigh Valley clients. Please note that the Lehigh Valley Sights for Hope Lions Club will meet after this activity.

* + - Who Can Participate: **All Lehigh Valley clients**
    - Date and Time: **Thursday, March 30, 10:30 a.m.- 12:30 p.m.**
    - Location: **Lehigh Valley Services Center**
    - Who Can Schedule Transportation: **Lehigh Valley clients**

##### NuVisions Client Group Activity

This activity is organized by the NuVisions client group but is open to all Monroe clients.

* + - Who Can Participate: **All Monroe clients**
    - Date and Time: **Friday, March 31, 10:30 a.m.- 12 p.m.**
    - Location: **Monroe Services Center**
    - Registration: **Jennifer Pandolfo at 570.992.7787, Ext. 223**
    - Who Can Schedule Transportation: **Monroe clients**

### Meetings

**LV Sights for Hope Lions Club Meeting** The Lehigh Valley Sights for Hope Lions Club will hold its monthly meeting. All clients who live in Lehigh and Northampton counties are welcome.

* + - Who Can Participate: **All Lehigh Valley clients**
    - Date and Time: **Thursday, March 30, 12:30-1:30 p.m.**
    - Location: **Lehigh Valley Services Center**
    - Additional Details: **SightsforHope.org/LVLionsClub**

**Monroe Sights for Hope Lions Club Meeting** The Monroe Sights for Hope Lions Club will hold its monthly meeting. All clients who live in Monroe County are welcome. Participants are encouraged to bring a lunch or

money to order.

* + - Who Can Participate: **All Monroe clients**
    - Date and Time: **Friday, March 31, 1-2 p.m.**
    - Location: **Monroe Services Center**
    - Registration: **Jennifer Pandolfo, 570.992.7787, Ext. 222**
    - Who Can Schedule Transportation: **Monroe clients**
    - Additional Details: **SightsforHope.org/MonroeLionsClub**

### Meetings

##### Greater LV Chapter - National Federation of the Blind (GLVNFB) Meeting

* + - Date and Time: **Saturday, March 11, 10 a.m.-12 p.m.**

###### Location: Denny’s Restaurant, 1871 Catasauqua Road, Allentown, PA

* + - Additional Details: **Call Kirk Hunger at 484.239.0741**

##### LV Council of the Blind (LVCB) Meeting

Please bring a lunch or money to order.

* + - Who Can Participate: **LVCB members**
    - Date and Time: **Saturday, March 18, 10 a.m.-1 p.m.**
    - Location: **Lehigh Valley Services Center**
    - Additional Details: **Write to** [**L**](mailto:LVCB1993@gmail.com)[**VCB1993@gmail.com**](mailto:VCB1993@gmail.com)

## Lehigh Valley Staff Directory

###### Main Number 610.433.6018

Dennis Zehner, Executive Director and CEO, Ext. 241 Jennifer Pandolfo, Associate Director/Dir. of Services, Ext. 223 Deirdre Federico Snyder, Director of Advancement, Ext. 244 Nancy Cobb, Operations Manager, Ext. 242

Rita Lang, Client Activities Manager, Ext. 225 Teresa Pickett, Services Coordinator, Ext. 240

Dianne Michels, Vision Rehabilitation Therapist, Ext. 230 Stephanie Guillen, Client Caseworker, Ext. 246

Erin Hahn, Client Caseworker, Ext. 231 Erica Vibert, Client Caseworker, Ext. 227

Kim Williams, Low Vision Care Coordinator, Ext. 224 Brian Schell, Transport Coordinator, Ext. 226

Ruthie Asmus, Prevention Specialist, Ext. 248 Colleen Rountree, Prevention Specialist, Ext. 245

## Monroe Staff Directory

###### Main Number 570.992.7787

Jennifer Pandolfo, Associate Director/Dir. of Services, Ext. 222 Teresa Pickett, Services Coordinator, Ext. 222

Yvette Quintero, Lead Client Caseworker, Ext. 221 Melinda Weston, Client Caseworker, Ext. 228 Cheryl Miller, Low Vision Care Coordinator, Ext. 229 Lisa Metcalf, Transport Coordinator, Ext. 224 Angela Hill, Prevention Specialist, Ext. 223

**FREE MATTER FOR THE BLIND OR PHYSICALLY HANDICAPPED**

**Post Manual Part 138**

**Client Bulletin**

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