



# Client Bulletin

**September 2022 | Volume 12, Issue 3.1**

This bulletin lists Sights for Hope's life skills education programs, peer support groups, and activities for its clients in the Lehigh Valley and Monroe County.

## Large-Print Pullout Calendars

- ▶ **Lehigh Valley:** Pages 9 and 12
- ▶ **Monroe:** Pages 10-11

Designed to be pulled apart and displayed

### Lehigh Valley Services Center

845 West Wyoming St., Allentown, PA 18103  
**610.433.6018**

### Monroe Services Center

4215 Manor Drive, Stroudsburg, PA 18360  
**570.992.7787**

United Way of the  
Greater Lehigh Valley



Pocono Mountains  
United Way



# Choose How You Receive Your Client Bulletin

You can choose how you receive this bulletin. Your choices are listed below.

- Receive it in the postal mail in large print
- Receive it in the postal mail in extra-large print
- Receive it in the postal mail as a braille document
- Receive it as an audio file on a USB drive
- Receive it as an email message
- Download it in Word or PDF formats at **SightsforHope.org/Bulletins**
- Listen to it online at **SightsforHope.org/Bulletins**

Please contact your caseworker if you want to change the way you receive the bulletin.

## How to Schedule Transportation

Call one of our transport coordinators Monday-Friday from 8:30 a.m.-4:30 p.m. to schedule a ride.

### **Lehigh Valley**

Brian Schell, 610.433.6018, Ext. 226

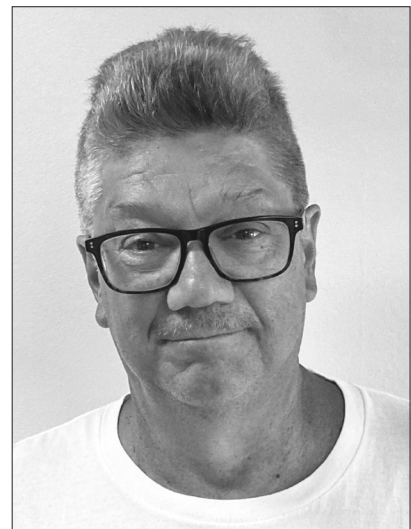
### **Monroe County**

Lisa Metcalf, 570.992.7787, Ext. 224

## ► What's Exciting

# Sights for Hope Adds a Fourth Lehigh Valley Transport Driver

Sights for Hope has added a fourth Lehigh Valley Transport Driver position in response to its growing client base and demand for its transport services.



George Petrolock joined the transport team on July 25. George worked previously as a parking valet for OAA Orthopaedic Specialists in Allentown, PA, where he assisted individuals who are in wheelchairs. George lives in Catasauqua, PA, and is a veteran of the United States Navy.

Approximately 85% of Sights for Hope's newest clients live in the Lehigh Valley.

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## Sights for Hope to be Closed September 5 for Labor Day

Sights for Hope will be closed on Monday, September 5, in observance of Labor Day. No services will be available.

# Sights for Hope Affirms its Commitment to Inclusion



Sights for Hope has affirmed its commitment to the practices of diversity and equity to engender an environment of inclusion.

Sights for Hope defines diversity as the appreciated presence of differences within its constituencies related to, but not necessarily limited to, race, gender identification, cultural background, religion, sexual orientation, ethnicity, nationality, socioeconomic status, language, physical capabilities not related to sight, age, marital status, military or veteran status, and political perspectives.

► **Continued on Next Page**

Sights for Hope defines equity as the promotion of justice, impartiality, and fairness within its policies and procedures. Sights for Hope defines inclusion as its desired outcome of a culture in which people of all backgrounds feel valued, understood, appreciated, cared for, and empowered.

Sights for Hope shall not subject individuals to discrimination, nor deny safely-deliverable services of the highest possible quality, on the basis of race, gender identification, cultural background, religion, sexual orientation, ethnicity, nationality, socioeconomic status, language, physical capabilities not related to sight, age, marital status, military or veteran status, political perspectives, or any other characteristic protected by applicable law. Sights for Hope condemns and does not tolerate racism or intolerance in any form.

Sights for Hope's official Diversity, Equity, and Inclusion Policies, as ratified by its Board of Directors, is available on the web at [SightsforHope.org/DEI](https://SightsforHope.org/DEI).

## ▶ Life Skills Education Programs

### Tech Talks

- Who Can Participate: **All clients**
- Dates and Times: **Thursdays, September 1, 8, 15, 22, and 29, 2-3:30 p.m.**
- Virtual Connections: **Go to [SightsforHope.org/Events](https://SightsforHope.org/Events)**



### iOS Device Workshop

Learn about the iPhone and iPad. Please bring a lunch or money to order.

- Who Can Participate: **All clients**
- Date and Time: **Wednesday, September 14, 11 a.m.-1 p.m.**
- Location: **Lehigh Valley Services Center**
- Registration: **Rita Lang at 610.433.6018, Ext. 225**
- Who Can Schedule Transportation: **Not Available**
- Virtual Connections: **Go to [SightsforHope.org/Events](https://SightsforHope.org/Events)**

## ▶ Life Skills Education Programs

### **Advanced Braille Class**

Facilitated by Dianne Michels.

- Who Can Participate: **Registered clients**
- Date and Time: **Tuesday, September 20, 10-11:30 a.m.**
- Location: **Lehigh Valley Services Center**
- Registration: **Rita Lang at 610.433.6018, Ext. 225**
- Who Can Schedule Transportation: **Registered Lehigh Valley clients**
- Virtual Connections: **Provided to registered clients**

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### **Applelicious Cooking**

Facilitated by Dianne Michels. This program is for the clients who take part in our activity at Grim's Orchard & Family Farms on September 6. (Find details on page 13.)

- Who Can Participate: **All clients who attend the Grim's Orchard activity**
- Date and Time: **Thursday, September 15, 10:30 a.m.-12:30 p.m.**
- Location: **Lehigh Valley Services Center**
- Registration: **Rita Lang at 610.433.6018, Ext. 225**
- Who Can Schedule Transportation: **Lehigh Valley clients who attended the Grim's Orchard activity**

## ▶ **Peer Support Groups**

### **Lehigh Valley Client Group**

Facilitated by James Van Horn.

- Who Can Participate: **Lehigh Valley clients**
- Date and Time: **Thursday, September 1, 10-11:30 a.m.**
- Location: **Lehigh Valley Services Center**
- Registration: **Rita Lang at 610.433.6018, Ext. 225**
- Who Can Schedule Transportation: **Lehigh Valley clients**
- Virtual Connections: **Go to [SightsforHope.org/Events](https://SightsforHope.org/Events)**

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### **Monroe Client Group**

Facilitated by James Van Horn.

- Who Can Participate: **Monroe clients**
- Date and Time: **Monday, September 12, 10-11:30 a.m.**
- Location: **Monroe Services Center**
- Registration: **Lisa Metcalf at 570.992.7787, Ext. 224**
- Who Can Schedule Transportation: **Monroe clients**
- Virtual Connections: **Go to [SightsforHope.org/Events](https://SightsforHope.org/Events)**

▶ **Descriptions Continue on Page 13**



# September 2022

## Lehigh Valley Client Calendar

Thursday	Friday	Saturday
<b>1</b> Lehigh Vly Group 10-11:30	<b>2</b>	<b>3</b>
<b>8</b>	<b>9</b>	<b>10</b> GLVNFB Mtg 10-12
<b>15</b> Applelicious Cooking 10:30-12:30	<b>16</b>	<b>17</b> LVCB Mtg 10-1
<b>22</b>	<b>23</b> Dominoes 10-11:30	<b>24</b>
<b>29</b> Visionaires 10:30-12  LV Lions 12:30-1:30	<b>30</b>	

### ► Want to Do More?

Most Monroe activities also are open to Lehigh Valley clients who can arrange their own rides. Check out the descriptions for details.

### ► Weekly Services

**Mall Walks**  
September 7, 14, 21, and 28, 9-10:30

**Tech Talks**  
September 1, 8, 15, 22, and 29, 2-3:30

# September 2022

## Monroe Client Calendar

Sunday	Monday	Tuesday	Wednesday
<b>4</b>	<b>5</b> Closed for Holiday	<b>6</b>	<b>7</b> Crossings Outlets 10-1
<b>11</b>	<b>12</b> Monroe Group 10-11:30	<b>13</b>	<b>14</b>
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>25</b>	<b>26</b> Musicians 11-1	<b>27</b>	<b>28</b>

# September 2022

## Monroe Client Calendar

Thursday	Friday	Saturday
<b>1</b>	<b>2</b>	<b>3</b>
<b>8</b>	<b>9</b>	<b>10</b>
<b>15</b>	<b>16</b>	<b>17</b>
<b>22</b> Wolf Preserve 11-1	<b>23</b>	<b>24</b>
<b>29</b>	<b>30</b> NuVisions 10:30-12 Monroe Lions 12:30-1:30	

### ► Want to Do More?

Most Lehigh Valley activities also are open to Monroe clients who can arrange their own rides. Check out the descriptions for details.

### ► Weekly Services

**Tech Talks**  
September 1, 8, 15, 22, and 29, 2-3:30

# September 2022

## Lehigh Valley Client Calendar

Sunday	Monday	Tuesday	Wednesday
<b>4</b>	<b>5</b> Closed for Holiday	<b>6</b> Grim's Orchard 11-1	<b>7</b>
<b>11</b>	<b>12</b>	<b>13</b> Women's Group 10-11 Crafters 11-1	<b>14</b> iOS Devices 11-1
<b>18</b>	<b>19</b>	<b>20</b> Braille 10-11:30	<b>21</b>
<b>25</b>	<b>26</b> Musicians 11-1	<b>27</b>	<b>28</b>

## ▶ Peer Support Groups

### Women's Client Group

- Who Can Participate: **All female clients**
- Date and Time: **Tuesday, September 13, 10-11 a.m.**
- Location: **Lehigh Valley Services Center**
- Registration: **Rita Lang at 610.433.6018, Ext. 225**
- Who Can Schedule Transportation: **Not available**
- Virtual Connections: **Go to [SightsforHope.org/Events](https://SightsforHope.org/Events)**

## ▶ Activities

### Visit to Grim's Orchard & Family Farms

An apple a day keeps the doctor away. Join us for a fun day of apple picking at Grim's Orchard & Family Farms. Please bring a lunch and money for your purchases.

- Who Can Participate: **All clients**
- Date and Time: **Tuesday, September 6, 11 a.m.- 1 p.m.**
- Location: **Grim's Orchard & Family Farms, 9875 Schantz Road, Breinigsville, PA**
- Registration: **Rita Lang at 610.433.6018, Ext. 225**
- Who Can Schedule Transportation: **Lehigh Valley clients**

## ► **Activities**

### **Mall Walks**

- Who Can Participate: **All clients**
- Dates and Times: **Wednesdays, September 7, 14, 21, and 28, 9-10:30 a.m.**
- Location: **South Mall, 3300 Lehigh St., Allentown, PA**
- Who Can Schedule Transportation: **Lehigh Valley clients**



### **Visit to The Crossings Premium Outlets**

Volunteers will assist you in shopping at The Crossings Premium Outlets as part of the Pocono Mountains United Way's annual Day of Caring. This is the perfect opportunity to enhance your fall wardrobe and to be Sights for Hope's best ambassadors as you tell volunteers about the impact it has made on your life.

- Who Can Participate: **Monroe clients**
- Date and Time: **Wednesday, September 7, 10 a.m.-1 p.m.**
- Location: **The Crossings Premium Outlets, 1000 Premium Outlets, Drive, Tannersville, PA; meet at the food court**
- Registration: **Lisa Metcalf at 570.992.7787, Ext. 224**
- Who Can Schedule Transportation: **Monroe clients**

## ► **Activities**

### **Crafters Corner Activity**

- Who Can Participate: **All clients**
- Date and Time: **Tuesday, September 13, 11 a.m.-1 p.m.**
- Location: **Lehigh Valley Services Center**
- Registration: **Rita Lang at 610.433.6018, Ext. 225**
- Who Can Schedule Transportation: **Not available**



### **Visit to Lakota Wolf Preserve**

Explore the Lakota Wolf Preserve in Columbia, N.J. Learn about the social structure of wolf packs, a wolf's eating habits, and how wolves interact with people. The cost for this activity is \$10 per person.

- Who Can Participate: **All clients**
- Date and Time: **Thursday, September 22, 11 a.m.-1 p.m.**
- Location: **Lakota Wolf Preserve, 89 Mount Pleasant Road, Columbia, N.J.**
- Who Can Schedule Transportation: **Monroe clients**

## ► **Activities**

### **Dominoes for Spanish-Speaking Clients**

- Who Can Participate: **All Spanish-speaking clients**
- Date and Time: **Friday, September 23, 10-11:30 a.m.**
- Registration: **Stephanie Guillen at 610.433.6018, Ext. 246**
- Location: **Lehigh Valley Services Center**
- Who Can Schedule Transportation: **Lehigh Valley clients**



### **Musician Jam Session**

- Who Can Participate: **All clients who are musicians and/or vocalists**
- Date and Time: **Monday, September 26, 11 a.m.-1 p.m.**
- Location: **Monroe Services Center**
- Who Can Schedule Transportation: **Lehigh Valley and Monroe clients**



## ► **Activities**

### **Visionaries Client Group Activity**

Presented by Silver Crest Insurance. This activity is organized by the Visionaries client group but is open to all Lehigh Valley clients. Please note that the Lehigh Valley Sights for Hope Lions Club will meet after this activity. Please bring a lunch or money to order.

- Who Can Participate: **All Lehigh Valley clients**
- Date and Time: **Thursday, September 29, 10:30 a.m.-12 p.m.**
- Location: **Lehigh Valley Services Center**
- Who Can Schedule Transportation: **Lehigh Valley clients**



### **NuVisions Client Group Activity**

This activity is organized by the NuVisions client group but is open to all Monroe clients. Meet the candidates running for Pennsylvania State Representative from Monroe County: Krista Paolucci, Maureen Madden, Rosemarie Brown, and Tara Probst.

- Who Can Participate: **All Monroe clients**
- Date and Time: **Friday, September 30, 10:30 a.m.-12 p.m.**
- Location: **Monroe Services Center**
- Who Can Schedule Transportation: **Monroe clients**

## ► Meetings

### **LV Sights for Hope Lions Club Meeting**

The Lehigh Valley Sights for Hope Lions Club will hold its monthly meeting. All clients who live in Lehigh and Northampton counties are welcome.

- Who Can Participate: **All Lehigh Valley clients**
- Date and Time: **Thursday, September 29, 12:30-1:30 p.m.**
- Location: **Lehigh Valley Services Center**
- Who Can Schedule Transportation: **Lehigh Valley clients**
- Additional Details: **SightsforHope.org/LVLionsClub**

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### **Monroe Sights for Hope Lions Club Meeting**

The Monroe Sights for Hope Lions Club will hold its monthly meeting. All clients who live in Monroe County are welcome. Participants are encouraged to bring a lunch or money to order.

- Who Can Participate: **All Monroe clients**
- Date and Time: **Friday, September 30, 12:30-1:30 p.m.**
- Location: **Monroe Services Center**
- Registration: **Jennifer Pandolfo, 570.992.7787, Ext. 222**
- Who Can Schedule Transportation: **Monroe clients**
- Additional Details: **SightsforHope.org/MonroeLionsClub**

## ► Meetings

### **Greater LV Chapter - National Federation of the Blind (GLVNFB) Meeting**

- Date and Time: **Saturday, September 10, 10 a.m.-12 p.m.**
- Location: **Denny's Restaurant, 1871 Catasauqua Road, Allentown, PA**
- Additional Details: **Call Kirk Hunger at 484.239.0741**

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### **LV Council of the Blind (LVCB) Meeting**

Please bring a bag lunch or money to order.

- Who Can Participate: **LVCB members**
- Date and Time: **Saturday, September 17, 10 a.m.-1 p.m.**
- Location: **Lehigh Valley Services Center**
- Additional Details: **Write to LVCB1993@gmail.com**



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## Client Bulletin

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