



Client Bulletin

December 2021 | Volume 11, Issue 9.1

This bulletin lists Sights for Hope's life skills education programs, peer support groups, and activities for its clients in the Lehigh Valley and Monroe County.

Lehigh Valley Services Center

845 West Wyoming St., Allentown, PA 18103
610.433.6018

Monroe Services Center

4215 Manor Drive, Stroudsburg, PA 18360
570.992.7787

United Way of the
Greater Lehigh Valley



Pennsylvania
Association
for the Blind



Pocono Mountains
United Way



Choose How You Receive Your Client Bulletin

You can choose how you receive this bulletin. Your choices are listed below.

- Receive it in the postal mail in large print
- Receive it in the postal mail in extra-large print
- Receive it in the postal mail as a braille document
- Receive it as an audio file on a USB drive
- Receive it as an email message
- Download it in Word or PDF formats at **SightsforHope.org/Bulletins**
- Listen to it online at **SightsforHope.org/Bulletins**

Please contact your caseworker if you want to change the way you receive the bulletin.

How to Schedule a Transport

Call one of our transport coordinators Monday-Friday from 8:30 a.m.-4:30 p.m. to schedule a ride.

Lehigh Valley

Brian Schell, 610.433.6018, Ext. 226

Monroe County

Lisa Metcalf, 570.992.7787, Ext. 224

► What's Exciting

Melinda Weston Joins Sights for Hope as a Monroe Caseworker

Melinda Weston has joined Sights for Hope as a part-time client caseworker in Monroe County.



Melinda has worked as a caseworker, counselor, and support professional in the human services

sector for seven years. She has balanced multiple jobs frequently, and organizations for which she has worked include The Christopher School in Bronx, N.Y.; the Graham Windham organization in Brooklyn, N.Y.; PA Treatment & Healing (PATH) in East Stroudsburg, PA; JusticeWorks Youth Care in East Stroudsburg, PA; and the New Jersey MENTOR network.

Melinda has a bachelor's degree in Psychology from the College of New Rochelle in New Rochelle, N.Y.

Sights for Hope Names Jennifer Pandolfo its Associate Director

Jennifer Pandolfo has been named Associate Director of Sights for Hope in addition to her role as the agency's Director of Services.



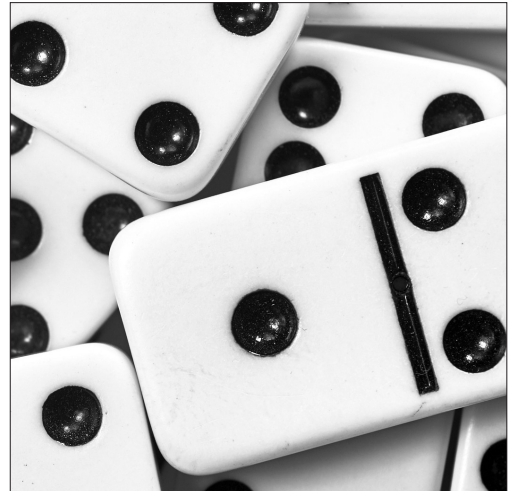
The title of Associate Director and Director of Services reflects that Pandolfo holds Sights for Hope's second-highest executive position and influences all aspects of the organization.

Pandolfo became the agency's Director of Services in April 2020 and was its Director of Monroe Services from 2015-2020.

"Jennifer is most deserving of this recognition," said Dennis Zehner, Sights for Hope's Executive Director and CEO. "I trust and value her perspectives, her input, and her steadfast focus on the services that define our mission."

Agency to Host Dominoes Games for Spanish-Speaking Clients

Sights for Hope will host dominoes games for its Spanish-speaking clients on Tuesday, Dec. 21, from 10-11:30 a.m. at the Lehigh Valley Services Center. Transport services will be available for clients from the Lehigh Valley and Monroe County.



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Monroe Clients Request Large-Print Books, Magazines for Nursing Homes

The NuVisions client group is collecting large-print literature books, crossword and puzzle books, and magazines to donate to nursing homes in Monroe County. Clients can drop off contributions at either Sights for Hope services center through Dec. 30.

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Sights for Hope to be Closed Dec. 24 and 31 for Holidays

Sights for Hope will be closed on Friday, Dec. 24, and Friday, Dec. 31 in observance of the Christmas and New Year's Day holidays. No services will be available.

► Life Skills Education Programs

Advanced Braille Class

Facilitated by Dianne Michels.

- Who Can Participate: **Registered Lehigh Valley clients**
- Dates and Times: **Mondays, Dec. 6 and 20, 10-11:30 a.m.; consistent attendance required**
- Location: **Lehigh Valley Services Center**
- Transportation: **Call to schedule**

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Tech Talks

December sessions will be virtual. No session Dec. 30.

- Who Can Participate: **All clients**
- Dates and Times: **Thursdays, Dec. 2, 9, 16, and 23, 1:30-3 p.m.**
- Virtual Connections: **Go to SightsforHope.org/Events**

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Cards, Carols, and Cookies

Make holiday cards, sing carols, and participate in a cookie exchange. Please bring three (3) dozen of your favorite holiday cookie to exchange.

- Who Can Participate: **All Monroe clients**
- Date and Time: **Tuesday, Dec. 14, 10-11:30 a.m.**
- Location: **Monroe Services Center**
- Transportation: **Call to schedule**

▶ **Life Skills Education Programs**

Cookies and Carols

Bake some of your favorite cookies and sing holiday classics. Please bring a baking sheet and a container to take cookies home. Facilitated by Dianne Michels.

- Who Can Participate: **All Lehigh Valley clients**
- Registration: **Rita Lang at 610.433.6018, Ext. 225**
- Date and Time: **Friday, Dec. 17, 10:30 a.m-1 p.m.**
- Location: **Lehigh Valley Services Center**
- Transportation: **On your own**

▶ **Peer Support Groups**

Lehigh Valley Client Group

- Who Can Participate: **All Lehigh Valley clients**
- Date and Time: **Thursday, Dec. 2, 10-11:30 a.m.**
- Location: **Lehigh Valley Services Center**
- Transportation: **Call to schedule**
- Virtual Connections: **Go to SightsforHope.org/Events**

▶ Peer Support Groups

Monroe Client Group

- Who Can Participate: **All Monroe clients**
- Registration: **Lisa Metcalf at 570.992.7787, Ext. 224**
- Date and Time: **Monday, Dec. 6, 10-11:30 a.m.**
- Location: **Monroe Services Center**
- Transportation: **Call to schedule**
- Virtual Connections: **Go to SightsforHope.org/Events**

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Men's Client Group

- Who Can Participate: **All male clients**
- Date and Time: **Thursday, Dec. 9, 10-11:30 a.m.**
- Location: **Lehigh Valley Services Center**
- Transportation: **On your own**
- Virtual Connections: **Go to SightsforHope.org/Events**

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Women's Client Group

- Who Can Participate: **All female clients**
- Date and Time: **Tuesday, Dec. 14, 10-11 a.m.**
- Location: **Lehigh Valley Services Center**
- Transportation: **Call to schedule**
- Virtual Connections: **Go to SightsforHope.org/Events**

▶ **Descriptions Continue on Page 13**

December 2021

Lehigh Valley Client Calendar

Thursday	Friday	Saturday
2 Lehigh Vly Client Group 10-11:30	3 Christmas City 11-1:30	4
9 Men 10-11:30 Dinner Theatre 12:30-3:30	10	11
16 Holiday Party 11-1	17 Cookies and Carols 10:30-1	18
23	24 CLOSED for Holiday	25
30	31 CLOSED for Holiday	

► Weekly Services

Advanced
Braille
Dec. 6
and 20,
10-11:30

Tech Talks
(Virtual)
Dec. 2, 9,
16, 23,
1:30-3

Mall Walks
Dec. 1, 8,
15, 22,
9-10:30

December 2021

Monroe Client Calendar

Sunday	Monday	Tuesday	Wednesday
			1
5	6 Monroe Client Group 10-11:30	7	8
12	13	14 Women 10-11 Cards and Carols 10-11:30	15
19	20 Musicians 11-1	21 Dominoes 10-11:30	22
26	27	28 NuVisions 11-12:30	29

December 2021

Monroe Client Calendar

Thursday	Friday	Saturday
2	3 Christmas City 11-1:30	4
9 Men's Client Group 10-11:30	10	11
16	17	18
23	24 CLOSED for Holiday	25
30	31 CLOSED for Holiday	

▶ Weekly Services

Tech Talks
(Virtual)
Dec. 2, 9,
16, 23,
1:30-3

December 2021

Lehigh Valley Client Calendar

Sunday	Monday	Tuesday	Wednesday
			1
5	6	7	8
12	13	14 Women's Group 10-11 Crafters 11-12:30	15
19	20 Musicians 11-1	21 Dominoes 10-11:30	22
26	27	28	29

► **Activities**

Mall Walks

No walk will be held on Wednesday, Dec. 29.

- Who Can Participate: **All Lehigh Valley clients**
- Dates and Times: **Wednesdays, Dec. 1, 8, 15, and 22, 9-10:30 a.m.**
- Location: **South Mall, 3300 Lehigh St., Allentown, PA**
- Transportation: **Call to schedule**



Holiday Happenings in the Christmas City

Explore picturesque downtown Bethlehem, PA, and feel the holiday spirit. Transport services are available for clients in the Lehigh Valley and Monroe County.

- Who Can Participate: **All clients**
- Registration - Lehigh Valley Clients: **Rita Lang at 610.433.6018, Ext. 225**
- Registration - Monroe Clients: **Lisa Metcalf at 570.992.7787, Ext. 224**
- Dates and Times: **Friday, Dec. 3, 11 a.m.-1:30 p.m.**
- Transportation: **Call to schedule**

► **Activities**

Pines Dinner Theatre Holiday Show

See “Home for the Holidays,” a heart-warming Christmas tale. **Cost for the show is \$30.00 per person** and money must be received by Thursday, Dec. 2. Dinner is available at the theatre for an additional cost. Checks must be payable to Sights for Hope.

- Who Can Participate: **All Lehigh Valley clients**
- Registration: **Rita Lang at 610.433.6018, Ext. 225**
- Date and Time: **Thursday, Dec. 9, 12:30-3:30 p.m.**
- Location: **Pines Dinner Theatre, 448 North 17th St., Allentown, PA**
- Transportation: **Call to schedule**



Crafters Corner Activity

- Who Can Participate: **All Lehigh Valley clients**
- Registration: **Rita Lang at 610.433.6018, Ext. 225**
- Date and Time: **Tuesday, Dec. 14, 11 a.m.-12:30 p.m.**
- Location: **Lehigh Valley Services Center**
- Transportation: **On your own**

► **Activities**

Lehigh Valley Client Holiday Party

Enjoy a catered lunch and live entertainment as you mingle with your fellow clients. **Cost is \$15.00 per person** and money must be received by Friday, Dec. 10, to reserve a seat. Checks must be payable to Sights for Hope.

- Who Can Participate: **All Lehigh Valley clients**
- Registration: **Rita Lang at 610.433.6018, Ext. 225**
- Date and Time: **Thursday, Dec. 16, 11 a.m.-1 p.m.**
- Location: **Lehigh Valley Services Center**
- Transportation: **Call to schedule**



Dominoes for Spanish-Speaking Clients

Transport services are available for clients in the Lehigh Valley and Monroe County.

- Who Can Participate: **All Spanish-speaking clients**
- Registration: **Stephanie Guillen at 610.433.6018, Ext. 246**
- Date and Time: **Tuesday, Dec. 21, 10-11:30 a.m.**
- Location: **Lehigh Valley Services Center**
- Transportation: **Call to schedule**

► **Activities**

Musician Meetup

This meetup will be the group's first in-person jam session. Transport services are available for clients in the Lehigh Valley and Monroe County.

- Who Can Participate: **Clients who are musicians and/or vocalists**
- Dates and Times: **Monday, Dec. 20, 11 a.m.-1 p.m.**
- Location: **Monroe Services Center**
- Transportation: **Call to schedule**



NuVisions Group Activity

Learn about Non-24, a serious chronic circadian rhythm disorder that is common in people who live with total blindness. This activity is organized by the NuVisions client group but is open to all Monroe clients.

- Who Can Participate: **All Monroe clients**
- Registration: **Lisa Metcalf at 570.992.7787, Ext. 224**
- Date and Time: **Tuesday, Dec. 28, 11 a.m.-12:30 p.m.**
- Location: **Monroe Services Center**
- Transportation: **Call to schedule**

► **Recurring Programs for 2021-2022**

The following provides dates of our recurring programs and activities for the remainder of the 2021-2022 service year. Please see descriptions inside this bulletin.

Mall Walks

Wednesdays from 9-10:30 a.m. No walk will be held on Dec. 29.

Dec. 1, 8, 15, 22

Jan. 5, 12, 19, 26

Feb. 2, 9, 16, 23

March 2, 9, 16, 23, 30

April 6, 13, 20, 27

May 4, 11, 18, 25

June 1, 8, 15, 22, 29



Tech Talks

In-Person (marked with i): Second Thursday of the month; Virtual: All Other Thursdays. Times to be announced. No session will be held on Dec. 30.

Dec. 2, 9, 16, 23

Jan. 6, 13(i), 20, 27

Feb. 3, 10(i), 17, 24

March 3, 10(i), 17, 24, 31

April 7, 14(i), 21, 28

May 5, 12(i), 19, 26

June 2, 9(i), 16, 23, 30

► Recurring Programs for 2021-2022

Please see descriptions inside this bulletin.

Lehigh Valley Client Group Meetings

First Thursday of the month from 10-11:30 a.m.

Dec. 2	Feb. 3	April 7	June 2
Jan. 6	March 3	May 5	

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Monroe Client Group Meetings

First Monday of the month from 10-11:30 a.m.

Dec. 6	Feb. 7	April 4	June 6
Jan. 4	March 7	May 2	

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Women's Client Group Meetings

Second Tuesday of the month from 10-11 a.m.

Dec. 14	Feb. 8	April 12	June 14
Jan. 11	March 8	May 10	

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Men's Client Group Meetings

Second Thursday of the month from 10-11:30 a.m.

Dec. 9	Feb. 10	April 14	June 9
Jan. 13	March 10	May 12	

► Recurring Programs for 2021-2022

Please see descriptions inside this bulletin.

Crafters Corner Activities

Second Tuesday of the month from 11 a.m.-12:30 p.m.

Dec. 14	Feb. 8	May 10
Jan. 11	March 8	June 14
	April 12	

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Visionaries Group Activities

**Last Thursday of the month from 10:30 a.m.-12:30 p.m.
No activity held in December.**

Jan. 27	April 28
Feb. 24	May 26
March 31	June 30

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NuVisions Group Activities

**Last Friday of the month from 11 a.m.-12:30 p.m.
December date changed for holiday.**

Dec. 28	March 25
Jan. 28	April 29
Feb. 25	May 27
	June 24



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Client Bulletin

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