

# SIGHTS FOR HOPE™



Seize Independence Now™

Formerly known as Center for Vision Loss



If a visual impairment affects your life ...

# THERE IS HOPE.

## **Lehigh Valley**

845 West Wyoming St.  
Allentown, PA 18103  
**610.433.6018**

## **Monroe County**

4215 Manor Drive  
Stroudsburg, PA 18360  
**570.992.7787**



## ABOUT US

For more than 90 years, Sights for Hope, previously known as Center for Vision Loss, has **opened paths to empowerment and independence for people with visual impairments.**

We are proud to offer our services at little or no cost to anyone in our service area who qualifies.

Our services are based on the beliefs that knowledge, innovation, and determination are stronger than visual impairments; that everybody has the right to pursue their destiny; and that the most meaningful triumphs are personal.

### Call Today to Get Started

**Lehigh Valley**

610.433.6018, Ext. 240

**Monroe County**

570.992.7787, Ext. 222



# OUR SERVICES



## Skills Education

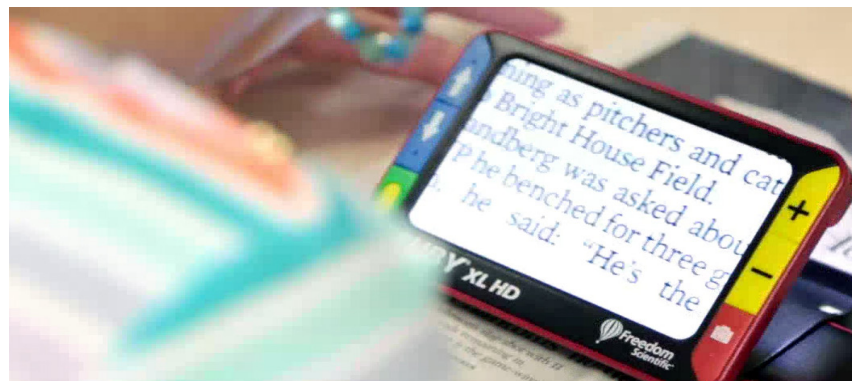
Master the skills you need to live independently through group and one-on-one sessions with our trained specialists, certified vision rehabilitation therapist, and certified orientation and mobility instructors.

- **Rehabilitative Skills** focus on adaptive physical functions.
- **Orientation and Mobility Skills** focus on understanding your surroundings and how to navigate between familiar locations.
- **Technology Skills** focus on smart resources that bring greater ease to your everyday life.
- **General Life Skills** focus on your critical non-physical abilities.



## Specialized Technologies

- Our **expert low vision optometrist** performs exams to determine how to help you to continue the activities that are most important to you.
- We provide consultations and sell **assistive tools and devices that meet your particular needs**. We also help arrange financial support for those who qualify.





## Support Services

- **Caseworkers guide you** to the services that will impact you the most and can make referrals to other providers. They also can **assist you with logistical functions and home safety**.
- Our **guided transport service** improves your **access to medical services, food**, and agency services. **Home deliveries** of food supplies, medical supplies, and technologies also are available.
- **One-on-one counseling** helps people like you adjust to life with a visual impairment and improve your state of mind.
- **Support groups** and **activities** connect you with others who face the same challenges in a safe and supportive community.



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Find out more at **SightsforHope.org**



**Pocono Mountains  
United Way**

